

AMPED™ Hydrate Lemon Lime

NUTRITION INFORMATION

Serving per Package: 48
Serving Size: ½ Stick (10 g)

	Ave. Quantity per Serving	Ave. Quantity per 100 g
Energy	147 kJ (35 Cal)	1470 kJ (350 Cal)
Protein	0 g	0 g
Fat, total	0 g	0 g
- saturated	0 g	0 g
Carbohydrate	9 g	90 g
- sugars	8 g	80 g
Dietary fibre	0 g	0 g
Sodium	110 mg	1100 mg
Potassium	95 mg	950 mg
Vitamin C	40 mg	400 mg
Vitamin B1	0.525 mg	5.25 mg
Vitamin B2	0.6 mg	6 mg
Vitamin B3	7 mg	70 mg
Vitamin B6	0.7 mg	7 mg
Folic Acid	140 mcg	1.4 mg
Vitamin B12	2 mcg	20 mcg
Biotin	25 mcg	250 mcg
Vitamin B5	1.75 mg	17.5 mg
Zinc	4.5 mg	45 mg
Chromium	40 mcg	400 mcg

Ingredients: Fructose, honey powder, acidity regulators (330, 334), lemon lime (4%) (lemon juice powder, natural lemon flavour, lime juice powder, natural lime flavour), dextrose, sodium chloride, potassium citrate, evaporated cane juice, silicon dioxide (551), vitamin C (ascorbic acid), natural sweetener (960), vitamin B3 (niacinamide), zinc oxide, alfalfa juice concentrate, vitamin B7 (biotin), vitamin B5 (d-calcium pantothenate), vitamin B6 (pyridoxine hydrochloride), chromium chloride, vitamin B1 (thiamin hydrochloride), vitamin B2 (riboflavin), vitamin B12 (cyanocobalamin), folic acid



SOY-FREE



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN