

Product Catalogue 2017



ISAGENIX®



AUSTRALIA/NEW ZEALAND



DIRECT SELLING
AUSTRALIA

This publication has been printed on paper from sustainable resources.

Isagenix is a member of the Direct Selling Association, the leading representative body for direct selling companies that promotes high standards of consumer protection, professionalism and ethics.

‡ Earning levels for Isagenix® Independent Associates that appear in this publication are examples and should not be construed as typical or average. Income level achievements are dependent upon the individual Associate's business skills, personal ambition, time, commitment, activity and demographic factors. For average earnings, see the Isagenix Independent Associate Earnings Statement found at www.IsagenixEarnings.com. Isagenix Millionaires are defined as Isagenix Associates who have cumulatively earned \$1 million or more with Isagenix.

* These products are not intended to diagnose, treat, cure or prevent any disease.

** Pak price will vary depending on product selection.

† Weight loss should not be considered typical. In a study performed in 2012 by University of Illinois at Chicago researchers, subjects lost an average of 4.1kg after 30 days on an Isagenix program. The subjects also had a greater level of adherence and had more consistent weight loss from week to week compared to subjects on a traditional diet. Always consult a physician before making any dietary changes or starting any nutrition, weight control or exercise program.

Note: If you are pregnant, nursing, diabetic, on medication, have a medical condition, or are beginning a weight control program, consult your physician before using Isagenix® products or making any other dietary changes. Discontinue use if adverse events occur.

Pricing, BV and packaging components in our Programs and Paks are subject to change. Please check your Associate Back Office for the most current information.

Please note: You can find a digital copy of the Product Catalogue which includes pricing at Isagenix.com

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Getting

STARTED



Carmen and Tom Rumsey
Isagenix Customers since 2012
Isagenix Millionaires!

The Isagenix Life Cycle

Lifestyles Don't End. They **Evolve.**

When you join Isagenix, whether it's for weight loss, more energy, better performance, healthier ageing or earning more income, we offer more than one solution to achieve your goals.

Your journey into health and wellness begins in a unique place and no matter where you start, there will always be the opportunity to evolve and continue improving your health and your wealth. Isagenix is so much more than weight loss and healthy choices. It's a **lifestyle.**

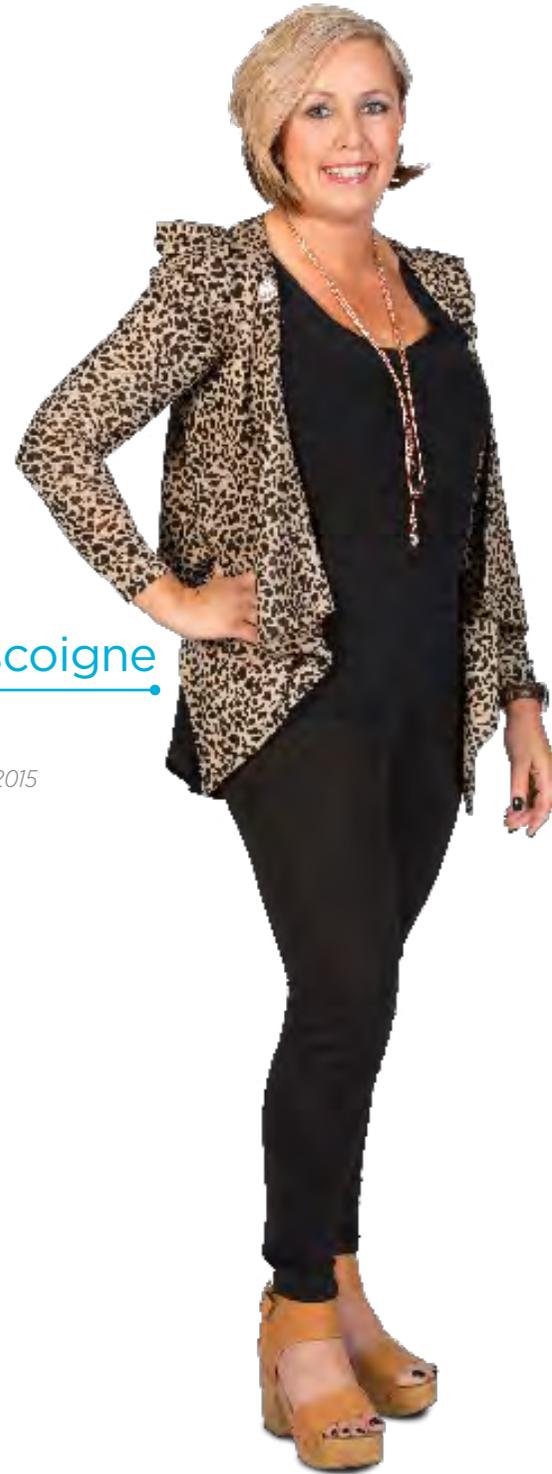
Samantha Gascoigne

Isagenix Customer since 2013
Isagenix Millionaire[†]
International Leader of the Year 2015
Woman of Isagenix 2015

Samantha could be easily described in one word: busy! After achieving Isagenix Millionaire status with her partner Brett Davis in near-record time, Samantha is now focused on her personal IsaBody Challenge. While still supporting her Isagenix business with 3-Way Calls, Launch Parties and Webinars, Samantha's goal is to achieve the fitness and energy levels she had as a personal trainer prior to the births of her two youngest children.



Samantha's Focus:



Michael Bowen Pain

Isagenix Customer since 2014
IsaBody Challenge[®] Finalist 2015

Always known as 'the healthy, fit one' among family and friends, Michael never felt as energetic as he thought his fitness warranted. In 2014 he joined Isagenix in the hope to regain some energy. He had positive results after his first 30-Day Nutritional Cleansing Program but wasn't motivated to maintain it. 12 months later, his fiancée announced they would complete the IsaBody Challenge together.

"At the end of the 16 weeks my outlook completely changed. I was bursting with energy, released 12Kg of fat and gained 3Kg of lean muscle[†]. I started winning surf lifesaving competitions and was lifting more than ever in the gym. The transformation has been life-changing and I'm now excited to be helping others achieve their goals."



Samantha Utupo

Isagenix Customer since 2013
Woman of Isagenix 2016

When Samantha was introduced to Isagenix at Christmas in 2013, she told her friend that she had no interest in the business whatsoever. Since starting the Isagenix Program to lose weight, Samantha has released 15Kg[†] and maintained her ideal weight. Over the past two years, she and her husband Carl's focus has changed dramatically; they are so passionate about helping others become healthier and happier, primarily through weight loss, but also by introducing them to everything Isagenix has to offer.



Samantha's Focus:



CORE PRODUCTS

For a Healthy Breakthrough

Ionix Supreme P. 31

A nutrient-rich botanical concentrate designed to combat stress and help balance your body's systems.



IsaLean Shake P. 16

A balanced meal replacement featuring whey and milk protein, energy-fuelling carbohydrates, good fats and vitamins and minerals.



IsaGenesis P. 39

A dietary supplement designed for antioxidant support.



Complete Essentials with IsaGenesis P. 39

More than just multivitamins, these supplements provide a balanced blend of vitamins, minerals, botanicals, antioxidants and Omega-3 fatty acids to support complete daily nutrition.



Cleanse for Life P. 18

A synergistic blend of natural cleansing herbs and botanicals designed to promote detoxification and protect your body against the effects of oxidative stress.



My Pak Solutions

Isagenix® offers solutions to transform lives and now you have the opportunity to customise each solution to fit your needs. MyPak is the perfect way to custom order your own Pak with any flavour or packaging, with a simple and flexible ordering experience.

1. Choose Your Solution.

Choose from Weight Loss, Energy & Performance and Healthy Ageing Solutions.



2. Choose Your Products.

Select your favourite individual products.



Pictured: Isagenix Core Products

3. Choose Your Options.

Choose between liquid or powder, canister or packet and pick your favourite flavours.



4. Complete Your Order.

Scientifically TESTED

Thousands of people across the world have shed millions of kilograms and maintained healthy lifestyles using Isagenix® and results from clinical research conducted by prestigious universities now validate what we knew all along; **the Isagenix Program works.**

Isagenix created a life-changing solution 14 years ago, combining Shake Days and Cleanse Days that became the foundation of the Isagenix weight loss program.

Shake Days replace two meals a day with shakes, allowing flexibility for a third meal. Cleanse Days are one or two days a week of fasting supplemented by the proprietary drink Cleanse for Life™ and Isagenix Snacks™.

It was this Isagenix 30-Day Nutritional Cleansing Program (along with additional supportive products like Natural Accelerator™, IsaFlush™ and Ionix® Supreme) that propelled the company to new heights in bringing convenient health and weight management to millions of people around the world.

Fast-forward 14 years and the Isagenix products and science behind the solutions have come a long way. Several independent clinical studies performed at reputable colleges and universities provided scientific validation for the Isagenix Program.



Studies Show the Isagenix Program Works

In 2011, the Isagenix Program was first validated by the University of Illinois at Chicago (UIC), a leading research institution in the field of health sciences. The purpose was to test the Isagenix Program against a heart-healthy diet.

After a 10-week study, subjects on the Isagenix Program had superior results compared to the heart-healthy group. The UIC study was a major milestone for Isagenix and its findings were reported in two reputable peer-reviewed journals in 2012, *Nutrition Journal* and *Nutrition and Metabolism*. The study design was also chosen for an award at a prestigious scientific conference.

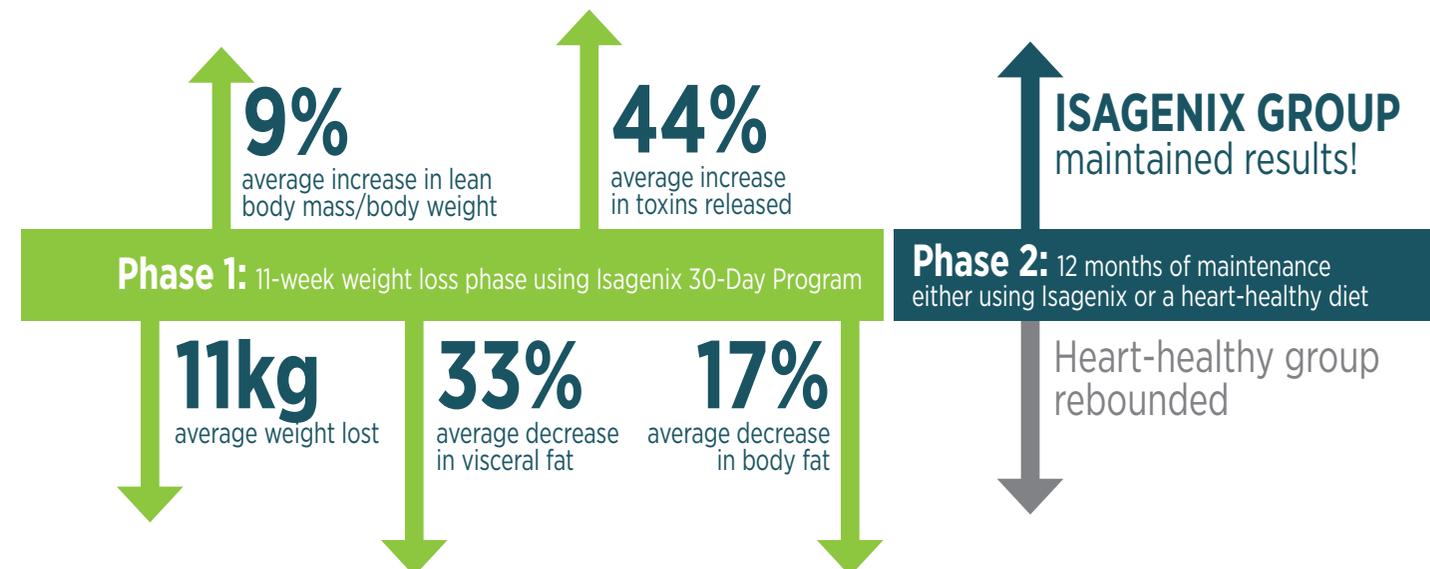
With Isagenix:



In 2013, in collaboration with Skidmore College in New York, it was time to further expand on what was learned from the UIC study.

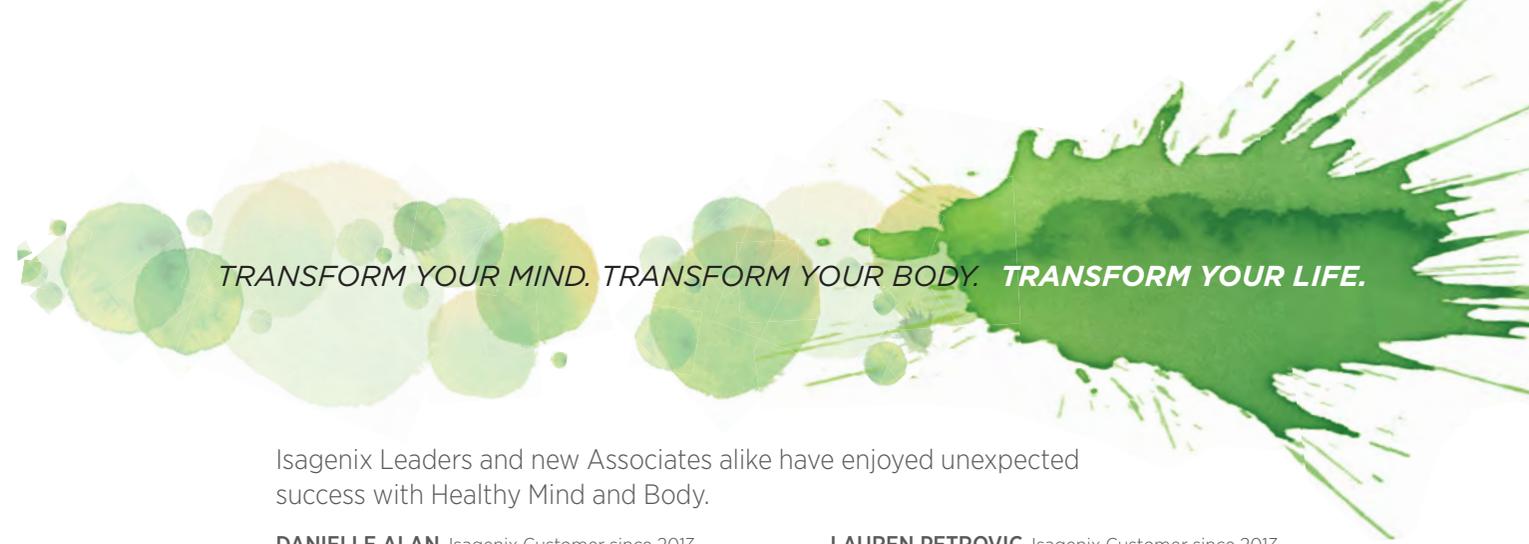
This new study evaluated the program's effect on markers of cardiovascular health and its impact on lean muscle mass and metabolism for both men and women. The study also evaluated a cleansing factor by measuring the increase in circulating toxins released from fat cells as a result of the Isagenix Program – the essential first step in detoxifying and eliminating harmful compounds from the body.

In the study, after 30 days on an Isagenix Program, subjects lost an average of 4.1kg, with an average of 0.9kg of the loss from visceral fat. The subjects also had a greater level of adherence and had more consistent weight loss from week to week compared to subjects on a traditional diet.





HEALTHY MIND AND BODY



TRANSFORM YOUR MIND. TRANSFORM YOUR BODY. TRANSFORM YOUR LIFE.

Do you have goals that you find hard to focus on? Do you find that although you may start on a path and you're excited to reach the finish line, motivation fades along the way?

What if you had a tool that keeps your goals at the forefront of your mind for 60 days?

Imagine starting each day with an exercise designed to help you achieve whatever you put your mind to.

Healthy Mind and Body is an online 60-day system of coaching established exclusively for Isagenix® Associates by world-renowned life coach and author **Rod Hairston**. It's designed to guide you to develop focus, build awareness, break old habits and create positive thoughts and behaviours to achieve your goals, whatever they may be.

- 1 DEVELOP YOUR 'WHY'**
Stay on track to achieving your goals by remembering your purpose. Staying focused on your 'Why' – the reason that drives your commitment – will help to ignite passion to continue on your path.
- 2 INCREASE YOUR ENERGY**
Work to develop your mental and physical energy to begin to experience life at the highest possible level through physical activity and the passion to live every day like it's your last.
- 3 CONSIDER YOUR NUTRITION**
Proper nutrition allows your body and mind to perform at their very best, but it's easy to fall into bad food habits. Check in daily and use your better focused mind to support healthy habits and a body that can perform at its peak.
- 4 AN ATTITUDE OF GRATITUDE**
Acknowledge and appreciate every part of your journey as it has brought you to where you are now. Know the impact that each of us are capable of in creating positive change. You may find yourself developing a new 'Why' when your daily gratitude practice becomes natural.
- 5 IMPROVE PERFORMANCE**
Be accountable for your commitments to achieve your physical and financial goals. Remember the tools, world-class products and resources that are at your disposal.
- 6 FITNESS PERSISTENCE**
Your journey to better health and wellness belongs to you alone. Your health and fitness are a constant work in progress and require ongoing commitment. Daily encouragement and check-ins remind you why you continue to strive.
- 7 GET EXERCISE SAVVY**
Find the encouragement you need to improve your current level of physical activity. Enlist Healthy Mind and Body as your accountability partner to get active and get the most out of every exercise session.
- 8 BUILDING A MINDSET**
Isagenix believes that whatever you put your mind to, you can achieve. Clear the clutter, release the self-doubt and know that you're in control of your future.

Isagenix Leaders and new Associates alike have enjoyed unexpected success with Healthy Mind and Body.

DANIELLE ALAN, Isagenix Customer since 2013
"A healthy body and lifestyle requires good nutrition and moving our body. Long-term success requires adding mindset and energy into the equation. This program helps you to understand what you need to do to not only be successful but enjoy success in the long term as well."

LAUREN PETROVIC, Isagenix Customer since 2013
"Seriously a game-changer! The Program has helped me in so many ways. I now know why I used to self-sabotage and it has helped me keep focus throughout my IsaBody Challenge® – I don't want it to end!"



"Our goal is to help you achieve success in all aspects of your life. Healthy Mind and Body brings a new dimension to help you become the best you possibly can be. We want only the best for you."

Kathy Coover is a recognised and respected field leader and trainer in the direct sales industry. Kathy has translated her personal successes over the last 25 years into training and support programs that have helped create financial freedom for thousands of Isagenix Associates.

START THE PROGRAM TODAY!
Head to your Associate Back Office and click on 'Resources'. Healthy Mind and Body is available for AU\$49 and NZ\$50.
PLUS when you complete Healthy Mind and Body, you will automatically receive a product coupon for AU\$49.50 or NZ\$51.75!*
*100 percent completion is determined by all activities being completed within 90 days of starting. Upon completion, your AU \$49.50 or NZ \$51.75 Isagenix product coupon will be available in your Back Office.

HealthyMindandBody.com

Weight

LOSS



Danielle Jones
Isagenix Customer since 2015
IsaBody Challenge® Finalist 2015

Weight Loss President's Pak



The ultimate introductory Pak, the President's Pak contains our flagship 30-Day Nutritional Cleansing Program plus an IsaBlender and other added extras, making it great value for money.

This flexible program is designed to help you achieve your weight loss goals by revitalising and nourishing your body and providing it with optimal nutrition. Includes 12 months of wholesale pricing and a \$50 Event Coupon.

- Weight loss and better body composition
- Business-building and marketing tools

“The President's Pak is the perfect introduction to Isagenix and it's what I started with. Being a product of the product is important to me - I recommend the Pak that works for me so that people can see the health benefits are for real!”

MARA POMANA
Isagenix Customer since 2013



Scan the QR code to view the Weight Loss Video



30-Day Nutritional Cleansing Program

Boost your confidence and help kick-start your weight loss. Achieve – and maintain – lasting weight loss results. You'll also likely notice savings on your grocery bill as you replace unhealthy cravings with premium nutrition that:

- Helps build and maintain lean muscle
- Supports healthy metabolism for sustainable and effective weight loss
- Supports the body as it rids itself of impurities while increasing energy levels

Includes: **4** IsaLean Shake or IsaLean PRO (*canisters or packets in your flavour preference*),** **2** Cleanse for Life powder, **1** Ionix Supreme (*liquid or powder*), **1** Cleanse Support Bundle, Informative Program Guide.



COMPLETE ESSENTIALS WITH ISAGENIX: P. 39

IsaLean Shake

A Delicious, Convenient, Nutritionally Complete Meal Replacement for Less than \$4 Per Serving.*

*Based on AU wholesale price for one standard canister.

Great tasting
less than 1050Kj



Strawberry Cream
canister & packets



Creamy Dutch Chocolate
canister & packets



Creamy French Vanilla
canister & packets

IsaLean Shake: 14 Servings



Dairy Free Rich Chocolate
packets only

ISALEAN SHAKE DAIRY FREE RICH CHOCOLATE

- 24g plant-based protein from pea and rice
- Excellent source of fibre
- Balanced meal replacement for vegetarians and vegans
- No artificial colours, flavours or sweeteners

IsaLean Shake Dairy Free: 14 Servings

WHAT IS ISALEAN SHAKE?

IsaLean™ Shake is a balanced meal replacement featuring whey and milk protein, energy-fuelling carbohydrates, good fats, vitamins and minerals.

WHY DO I NEED ISALEAN SHAKE?

Good eating habits and physical activity are key to reaching your optimal weight but it can be challenging to get the nutrition you need each day. IsaLean Shake makes it easy to nourish your body with the best nutrition for good health.

HOW DOES IT WORK?

IsaLean Shake is clinically shown to aid weight loss while supporting lean muscle growth. At only 1004 kilojoules, the high-protein, balanced nutritional profile keeps you feeling fuller, longer without depriving your body of much needed nutrition. This is not just a shake, it's a total meal!

- 24 grams of high-quality undenatured whey and milk protein
- Low-glycaemic
- Energy-fuelling carbohydrates and good fats
- High in fibre
- Active enzymes to help ease digestion



ISAPRO: P.35
Fuel Your
Performance



Natural Creamy Vanilla
canister only

Kosher IsaLean Shake: 14 Servings

Cleanse for Life

Cleanse. Nourish. Revitalise.



WHY CLEANSE?

- Give your digestive system a break and aid in removing accumulated waste products from the body
- Cleanse days can help support healthy digestion

WHAT IS CLEANSE FOR LIFE?

Cleanse for Life™ is a synergistic blend of natural cleansing herbs and botanicals designed to promote detoxification and protect your body against the effects of oxidative stress.*

WHY DO I NEED CLEANSE FOR LIFE?

Toxins are everywhere in our environment, including food. They deprive your body of proper function and make you feel sluggish during the day. Nutritional cleansing is an important strategy for supporting your body's natural ability to rid itself of harmful impurities and environmental toxins.

HOW DOES IT WORK?

The nutrients in Cleanse for Life nourish your body while it cleanses away toxins and impurities the natural way.

- Scientifically formulated
- Cleansing supports healthy metabolism
- Available in powder in Natural Rich Berry Flavour

Cleanse for Life: 96g Powder

Kosher Cleanse for Life: 946mL Liquid, 2 Pak



Natural Accelerator

- WHAT** A metabolism-boosting supplement containing natural ingredients to help you burn fat.*
- WHY** A better metabolism helps your body burn fat sustainably and efficiently; the result is more effective weight loss.
- HOW** Ingredients such as cayenne, green tea, cinnamon and ginseng support thermogenesis, the body's production of heat that is related to metabolic rate. Natural Accelerator supports better metabolism without the use of harmful stimulants.

Natural Accelerator: 60 Capsules

Isagenix Snacks

- WHAT** A nutritional, chewable wafer to curb cravings and support Cleanse Days.
- WHY** Cleanse Days give the body a break from digestion. Isagenix Snacks provide just enough nutrients with minimal kilojoules, so you can curb hunger with little effect on the digestion process.
- HOW** Isagenix Snacks contain undenatured whey protein, good fats and energy-fuelling carbohydrates to naturally curb hunger and support better Cleanse Days.



CHOCOLATE

Isagenix Snacks: 60 Chewable Wafers

IsaFlush

- WHAT** A herbal supplement containing natural ingredients to encourage digestive regularity.*
- WHY** A balanced digestive system can improve the body's ability to eliminate waste.
- HOW** Magnesium and gentle cleansing herbs promote balanced digestive regularity and intestinal comfort, without the use of laxatives or stimulants.*

IsaFlush: 60 Capsules



IsaDelight: P. 48
Delectable Dark or Milk Chocolate or Milk Chocolate with Sea Salt & Caramel

DAMIEN FERETI

ISAGENIX CUSTOMER SINCE 2014

“It's important to write down what your goals are and what you want to achieve and put it somewhere where you will see it every day. When doubt kicks in you need to look at where you are and really see how far you've come and how much you've transformed. Seeing positive changes definitely keeps you on track. I wrote the words 'ISABODY CHAMP' on my bathroom mirror. Every time I looked in the mirror, instead of judging myself negatively, I would look at the words and it really kept me on track.”



AUCKLAND, NEW ZEALAND



WHAT ARE YOUR FAVOURITE PRODUCTS?



ISALEAN™ SHAKE CREAMY DUTCH CHOCOLATE (P. 17) AND IONIX® SUPREME (P. 31)



Scan the QR code to view the IsaBody Challenge Video.

Find out more at ANZ.IsaBodyChallenge.com



9-Day Nutritional Cleansing Program

If you're ready for the challenge, you'll be amazed at your results after just a few days on the 9-Day Program. This sustainable and effective program helps you lose weight quickly by gently cleansing and nourishing your body. Graduate to the 30-Day Program to maintain your weight loss progress.

Includes: **2** Cleanse for Life, **1** IsaLean Shake OR IsaLean PRO (canisters or packets in your flavour preference), **1** Isagenix Snacks, **1** Natural Accelerator, Informative Program Guide



Healthy Lifestyle Pak

This Pak provides your body the nutrition it needs, while helping reduce unhealthy cravings and allowing you to maximise your healthy habits.

Includes: **2** IsaLean Shake, **1** Ionix Supreme (liquid or powder), **1** Fibre Snacks, **1** IsaLean Bars (in your flavour preference),



Healthy Maintenance Program

Designed to assist in preserving results gained from a 30-Day Program, this Pak helps to maintain a healthy, active lifestyle. Using the included essential Isagenix products, you can enjoy continued energy, mental clarity and effective weight management.

Includes: **2** IsaLean Shake (canisters or packets in your flavour preference), **1** Cleanse for Life, **1** Ionix Supreme (liquid or powder), **1** IsaFlush, **1** Natural Accelerator

Energy

PERFORMANCE



Rico Gear
Isagenix Customer since 2014
Former All Blacks Rugby Player
Team Isagenix Member

Energy & Performance/President's Pak



This Pak is perfect for anyone who wants to energise their daily life while building a leaner physique. Whether it's an intense workout at the gym or a day spent with the kids, this Pak offers products to help you feel vibrant and alert as well as products to help enhance performance and recovery. Includes 12 months of wholesale pricing and a \$25 Event Coupon.

Includes: **4** IsaLean PRO boxes (*in your flavour preference*), **2** Cleanse For Life, **1** Ionix Supreme (*liquid or powder*), **1** e+ (6-ct), **1** Ageless Actives, **1** Essentials for Men or Essentials for Women, **1** Replenish, **1** IsaLean Bars (*in your flavour preference*), **1** Isagenix Snacks, **1** Natural Accelerator, **1** IsaFlush, **1** IsaBlender, Informative Program Guide, \$25 Event Coupon.



Energy & Performance PRO Pak

Maintain muscle, bust through weight-loss plateaus and boost energy with convenient and nutritional meal options. Ideal for active individuals and athletes, this Pak is designed to help you improve your athletic performance and feel vibrant and alert throughout the day.

Includes: **2** IsaLean PRO (*in your flavour preference*), **1** Ionix Supreme (*liquid or powder*), **2** Cleanse For Life, **1** e+ (6-ct), **1** IsaLean Bars (*in your flavour preference*), **1** Isagenix Snacks, **1** Natural Accelerator, **1** IsaFlush, **1** Replenish, Informative Program Guide

“As a retired professional athlete, I was worried I would not be able to maintain my health and fitness without endless hours in the gym and strict food choices. Isagenix has given me a new found freedom around my body and its fuel.”

Scan the QR code to view the Energy & Performance Video



NATALIE COOK

5-time Olympian Beach Volleyball
Gold and Bronze Medallist
Isagenix Customer since 2012
Team Isagenix Member

AMPED PRO Pak



The perfect ongoing program for those seeking long-term results by complementing their training with performance nutrition. A mix of essential nutrients, high quality protein and natural caffeine help you achieve muscle growth while hastening post-workout recovery and allowing you to experience optimal performance.

Includes: **2** IsaLean PRO (in your flavour preference), **1** IsaLean Bars (in your flavour preference), **1** Cleanse For Life, **1** e+ (6-ct), **1** Ionix® Supreme (liquid or powder), **1** Replenish, **1** AMPED Power, **1** AMPED NOx (6-ct), **1** AMPED Recover, Informative Program Guide.

“AMPED™ products help me kick-start my workouts and recover better after intense training. I can train harder and move effectively and I know I'm also getting great nutrition from the rest of the Isagenix range.”

RICO GEAR

Isagenix Customer since 2014
Former All Blacks Rugby Player
Team Isagenix Member

Scan the QR code to view the AMPED Video



AMPLIFY Your Workout

AMPED Power

- WHAT** AMPED™ Power is a pre-workout supplement designed to prepare your body to have better strength and power before exercise.
- WHY** Your muscles need energy and oxygen to push the limits of your workouts and AMPED Power can help that extra effort you make in training add up to incredible results.
- HOW** Creatine in AMPED Power helps increase performance, power and strength while glycine and L-carnitine provide athletic support during workouts.

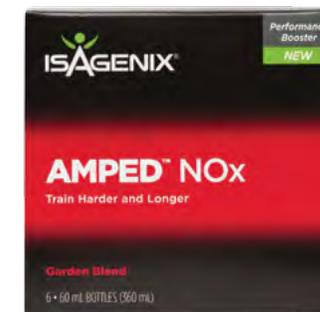
AMPED Power: 20 Servings



AMPED NOx

- WHAT** AMPED™ NOx is a pre-workout shot that helps prime your body for exercise by promoting optimal blood flow to muscles.
- WHY** Nitric oxide production is a key component of efficient training and exercise.
- HOW** A special blend of fruit and vegetable extracts is designed to support nitric oxide production which helps to increase blood flow to working muscles during exercise.

AMPED NOx: 6 Servings



AMPED Recover

- WHAT** AMPED™ Recover is a post-workout supplement with branched-chain amino acids to support muscle rebuilding and recovery.
- WHY** Post-workout recovery is an essential process to rebuild strength and endurance for your next workout. AMPED Recover supports this process and helps you bounce back after an intense workout and get ready to conquer the next.
- HOW** AMPED Recover features a proprietary blend of branched-chain amino acids and L-carnitine to support the muscle rebuilding process after exercising.

TIP: Combine with IsaPro™ or IsaLean™ PRO for best results.

AMPED Recover: 20 Servings





Nutritional TIMING

The effectiveness of AMPED products depends on nutritional timing – when in regards to your workout you take each product. There are three basic timings – pre-, mid- and post-workout – where the different products are specifically designed to work and help **deliver results**.

WHO CAN USE AMPED POWER?

Some people may hesitate to use AMPED™ Power because they don't want to 'bulk up', but without consuming more foods and undertaking exercise in an effort to bulk it is very unlikely to happen.

Studies show that it takes months of extremely intense and specialised training, along with a high-kilojoule diet, for people – especially women – to develop what may be considered 'bulky' muscles. Resistance training has many benefits for different people with different goals and body types and AMPED Power can benefit people pursuing many different exercise regimes.

CAN I USE AMPED POWER, E+ AND NOX BEFORE A WORKOUT?

You can and should use all three products. While both AMPED Power and NOx are pre-workout supplements, they offer complementary benefits that can improve your workout in different ways. Adding an e+ to your pre-workout regime provides a caffeine and Adaptogen boost to further aid your performance.

HOW DO I USE REPLENISH AS A MID-WORKOUT SUPPLEMENT?

Replenish is all about easy packaging. You shouldn't have to stop a training session in its tracks to replenish your body's nutrients, so Replenish comes in convenient sticks. Each stick contains two serves. If you're engaging in endurance exercise, you can simply empty the stick into an IsaShaker and have two serves ready to sip on throughout your workout.

CAN I USE AMPED PRODUCTS ON CLEANSE DAYS?

All three AMPED products are recommended to help support you before, during and after your workout, even on Cleanse Days.



Replenish

THE SPORTS DRINK MIX REINVENTED

WHAT IS REPLENISH?

A refreshing, natural sports drink mix that keeps you naturally hydrated, sustains performance and supports faster recovery. Replenish has no artificial colours, flavours or sweeteners and is available in two delicious flavours.

WHY DO I NEED REPLENISH?

The body loses vitamins, electrolytes and water during exercise. Replenish is enriched with vitamins C and B-complex to replenish these lost vitamins, electrolytes and water.

Replenish: 24 Sticks/ 48 Servings

Available in **Juicy Orange** and **Lemon Lime**

HOW DOES IT WORK?

When mixed with water, Replenish can be enjoyed every day before, during and after activity, even on Cleanse Days.

PRE-EXERCISE: Maintains balance to support normal cellular activity and proper hydration.

DURING EXERCISE: Supports muscles to help sustain physical activity.

AFTER EXERCISE: Replaces electrolytes and nutrients that may be lost during exercise and helps aid recovery.

- Only 146kJ per serve

¹ The Australian National Health and Medical Research Council recommends a daily intake of 40mg of Vitamin C for adult men and 30mg for adult women.

Adaptogens: Fuel for a Better Life

Nature's **answer** for optimal health and better personal performance

What are Adaptogens and who needs them?

Adaptogens are unique plants that strengthen the body's capacity to resist and reduce stress as well as promote physical and mental performance. Whether you need a high-energy pick-me-up or an ally in your fight against stress, Isagenix has a product for you.

Your Daily Isagenix Adaptogens at a glance:



Ionix® Supreme is a nutrient-rich tonic, featuring a blend of Adaptogens designed to help the body naturally manage stress, balance body systems and support greater overall health. Perfect for everyday use, this whole-body regulator also helps improve mental performance.*

e+ is a natural energy shot featuring a selection of Adaptogens ideal for combating stress, providing clarity and promoting physical performance. The addition of naturally sourced caffeine (from green tea and yerba mate) provides energy to help kick-start your workout or power you through a busy day.*



ADAPTOGENIC DAY PLANNER

Here is an excellent plan to help fill your body – and your day – with a boost of Adaptogens, designed to promote a better you.

EARLY MORNING

Drink **e+** for a quick energy boost to start your day.

Enjoy 1 serving of **Ionix Supreme** to manage stress and support overall health.*

MID-AFTERNOON

Take a shot of **e+** for a quick energy boost to get you through a mid-afternoon slump.

EVENING

Enjoy 1 serving of **Ionix Supreme** to help manage the effects of stress.*

Ionix Supreme

Nature's Answer



WHAT IS IONIX SUPREME?

A daily, proprietary botanical concentrate designed to manage the negative effects of stress.

WHY DO I NEED IONIX SUPREME?

All types of stress, whether environmental, emotional or physical, can take a toll on the body and affect health, both short and long term. These effects can leave you feeling sluggish and hinder optimal performance.

Ionix Supreme: 946mL or 240g

HOW DOES IT WORK?

Ionix® Supreme combines Adaptogens, antioxidants and nutrients to help strengthen the body's ability to fight the effects of stress to promote better recovery, focus and overall energy.

- Helps balance and normalise the body's systems
- Energises cells to support faster recovery
- Helps manage stress to help focus your mind and elevate daily performance
- No artificial stimulants

MATTHEW FERGUSON

ISAGENIX CUSTOMER SINCE 2014



“I believe Aussie Rules football is one of the most demanding sports on the human body in the world. The modern day footballer wants to be as lean and strong as possible with a high power-to-weight ratio.

Isagenix provides the perfect nutritional program to achieve these goals. My strength and endurance improved at a rate never experienced before. Even compared to my results during intense pre-seasons in the AFL, I now achieve far greater gains from less than half the training. On top of that, at age 31 I'm able to recover faster than ever and feel 'up' for each and every session.”

FORMER AFL PLAYER, ST KILDA
TEAM ISAGENIX MEMBER

VICTORIA,
AUSTRALIA 

WHAT ARE YOUR FAVOURITE PRODUCTS?



ISALEAN™ PRO (P. 35) AND E+ (P. 32)

e+

NATURAL ENERGY. POWERFUL RESULTS

- WHAT** A long-lasting and flavourful energy shot, made with naturally sourced plant-based caffeine and Adaptogens.
- WHY** Life is difficult when you're low on energy. e+ **boosts energy**, fights fatigue and can improve athletic performance, all without any artificial flavours, colours or sweeteners.
- HOW** e+ combines a scientifically supported blend of botanicals and plant-based caffeine from green tea and yerba mate to help you feel energised and mentally alert.
- Only 146kJ per serve
 - Perfect to help you through Cleanse Days

e+: 6 Servings

Scan the QR code to view the e+ Video



Smart Protein Choices that **Deliver Results**

Look in the mirror. What do you see? Are you looking at your dream beach body or unsightly love handles? Working hard toward your fitness goals requires the right nutrition, starting with protein. Protein is an essential building block for your health and it's important that you get the right type of protein, in the right amount, at the right time to maximise the positive effects it offers.



KNOW YOUR PROTEIN

ISALEAN PRO

A complete meal replacement with 36g undenatured protein

Ideal for muscle development in athletes, muscle retention as you age and breaking through weight-loss plateaus

IsaLean PRO leaves you feeling fuller, longer

ISAPRO

Great after a workout

Builds muscle with pure undenatured protein

Drink with water, mix with fruit or add to your favourite recipe

ISALEAN SHAKE

Use as a meal replacement

Perfect to help increase energy throughout the day

Lose weight while burning fat and building muscle

Now available in dairy free formula



IsaPro

WHEY PROTEIN FOR PURE PERFORMANCE

WHAT High-quality, undenatured whey protein concentrate with 27 grams of protein in every serve.

WHY Extra protein is essential for anyone starting a weight loss or workout program, breaking through a weight loss plateau or dealing with age-related muscle loss. When you need more protein, IsaPro is the perfect addition to any meal

HOW IsaPro™ delivers 27 grams of high-quality undenatured protein and a complete branched-chain amino acid profile, all at under 627kJ per serve.

Available in **Vanilla**

IsaPro: 20 Servings

IsaLean PRO

YOUR FAVOURITE SHAKE WITH A PROTEIN BOOST

WHAT IsaLean™ PRO is a complete meal replacement designed for maximum lean muscle building and boosting metabolism.

WHY Active people who want to gain muscle, those trying to break through weight loss plateaus, or lose stubborn fat and adults looking to prevent age-related muscle loss need more protein to achieve results.

HOW IsaLean PRO contains a premium protein blend with a superior branched-chain amino acid profile to naturally boost muscle growth and maintenance while helping accelerate post-workout recovery.

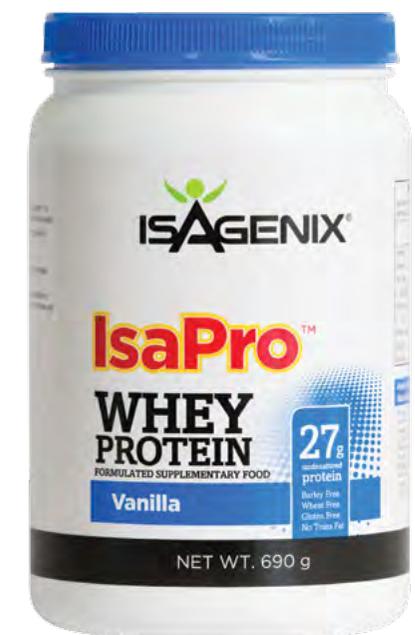
- 36 grams of undenatured whey and milk protein
- Low-glycaemic with energy-fuelling carbohydrates, good fats and filling fibre
- Active enzymes to help ease digestion

Available in **French Vanilla** and **Natural Chocolate**

IsaLean PRO: 14 Servings



Isagenix Greens: P. 45
Support Your Wellbeing



Healthy

AGEING

Michael Peters
Isagenix Customer since 2014
IsaBody Challenge® Finalist 2015



Youthful Ageing Pak



Contains scientifically advanced products including IsaGenesis and Ageless Actives to supplement your Shake Days.

- Optimal everyday nutrition
- Great for boosting healthy longevity

Includes: **2** IsaLean Shake OR IsaLean PRO (*canisters or packets in your flavour preference*), **1** Ionix Supreme (*liquid or powder*), **** 1** IsaGenesis, **1** Ageless Actives, **1** Essentials for Men OR Essentials for Women, **1** Ageless Actives, **1** Informative Program Guide

“ Since starting with Isagenix I've released over 17kg* and found I was sleeping better, snoring less and had loads of energy! I love being active with my three boys because I have the energy and feel great. I can manage the daily stresses of running my own businesses with more patience and better mental clarity! ”

JIMMY WILLIAMS

Isagenix Customer since 2014



Scan the QR code to view the Healthy Ageing Video

NEW



Complete Essentials with IsaGenesis

- WHAT** A balanced blend of vitamins, minerals, antioxidants and omega-3 fatty acids for complete daily supplementation.
- WHY** It's difficult to get your recommended daily nutritional intake from food alone. Getting the right amounts of nutrients throughout the day is essential for optimal health.
- HOW** Complete Essentials with IsaGenesis is scientifically formulated to deliver nutrients the body needs every day for overall health. The supplements are separated into convenient AM and PM packets to help maximise absorption.

Complete Essentials with IsaGenesis: 60 Packets



Scan the QR code to view the Complete Essentials with IsaGenesis Video

IsaGenesis

- WHAT** A powerful formula of complex botanicals and vitamins designed to aid in the reduction of oxidative stress, which may help to support your telomeres.
- WHY** Factors such as an unhealthy diet and lifestyle choices can contribute to oxidative stress, which may accelerate ageing.
- HOW** IsaGenesis contains a proprietary formula which is designed to assist with healthy cell function, by helping to neutralise free radicals. The vegetable softgel capsule means IsaGenesis is highly absorbable, so your body can more effectively use the nutrients.

IsaGenesis: 120 Softgels

IsaGenesis Three Pak: 3 Bottles

IsaGenesis Starter Pak: 5 Bottles

IsaGenesis President's Pak: 8 Bottles and \$25 Event Coupon





Ageless Actives

- WHAT** Vitamin D3, coenzyme Q10 (CoQ10) and resveratrol to protect cells against premature ageing and support cardiovascular health.
- WHY** Supplementing CoQ10, resveratrol and vitamin D3 helps your body absorb the nutrients it might not get from food alone.
- HOW** Ageless Actives™ gives you all three, in potent amounts. CoQ10 is critical for generating energy within cells and is considered one of the most powerful antioxidants available, while resveratrol is shown to support healthy ageing and support weight loss. Vitamin D3 helps maintain a healthy immune system.

Ageless Actives: 120 Capsules



IsaOmega

- WHAT** IsaOmega™ is made from pure omega-3 essential fatty acids to support heart, brain and joint health.
- WHY** Our formula contains high-quality, highly-concentrated DHA and EPA omega-3 essential fatty acids sourced from small fish in deep, unpolluted waters in the Pacific Ocean. Studies have shown these fatty acids support healthy cell function and heart, brain and joint health.
- HOW** The pure fish oil goes through a molecular distilling process that creates a highly concentrated and pure oil. Softgel capsules allow for superior absorption into the bloodstream.

IsaOmega: 60 Softgels

Protein for Healthy Ageing: The Right Type. The Right Time. The Right Amount.

A nutrient-rich diet is the key to healthy ageing, with protein being one of the most important factors. Not getting enough protein, combined with a lack of exercise, can result in age-related muscle wasting, or sarcopenia.

According to Osteoporosis Australia, sarcopenia is the precursor to frailty, falls and loss of mobility.¹ To offset sarcopenia, studies show that older adults, especially those who are active, require more protein in their diet.

When it comes to preserving muscle, the amount of protein consumed in every meal is critical. Protein intake in the typical Western diet is generally skewed – very little protein at breakfast, a little protein at lunch and a large amount of protein at dinner (see chart below). However, research shows that getting an even amount of protein throughout the day, roughly 20-40 grams per meal, is ideal for maintaining and building muscle.²

¹ Osteoporosis Australia, Exercise Guide, 2013
² Australian Sports Commission, Protein, 2013

This is where Isagenix and healthy ageing go hand in hand. IsaLean™ Shake and IsaLean™ PRO provide 24 and 36 grams of protein respectively, making balanced protein distribution at mealtimes a no-brainer. Plus, Isagenix Shakes are made from whey protein, which provides a rich source of branched-chain amino acids that are key regulators for effective muscle building. Because of the increased protein needs in active older adults, IsaLean PRO is a perfect meal replacement to provide the right amount, the right type and the right timing (evenly at every meal) for optimal healthy ageing.



24g



36g

Optimal Protein Intake





Super Power your IsaLean Shake

A core component of the 30-Day Nutritional Cleansing Program, IsaLean Shake is a favourite among Isagenix product users and Associates. An ideal meal replacement, it is a convenient, tasty and nutritious alternative to many quick meal options.

Whichever solution you're seeking, IsaLean™ Shake and IsaLean™ PRO are great products to help you achieve your health goals.

Try mixing up your IsaLean Shake by adding superfoods, which provide more than just a flavour boost.

Adding small amounts of nutrient-dense fresh foods to your IsaLean Shake allows you to give your body a little extra nourishment.

Remember that adding anything to your IsaLean Shake will alter the nutritional content. Talk to your enrolling sponsor if you have any questions about your program and adding ingredients to your IsaLean Shake.



Sesame or pumpkin seeds
Contain iron and protein and add texture



Mixed berries
loaded with antioxidants



Bananas
high in potassium and contain B vitamins



Kiwi fruit
contain antioxidants and vitamins while being low in kilojoules



Spinach or kale
contain iron as well as plenty of vitamins and minerals



Flax seeds
contain fibre and omega-3 fatty acids



Cacao
high in antioxidants and contains B vitamins, calcium and magnesium

You can also boost your IsaLean Shake nutrients by adding other Isagenix products.



Replenish™
Provides electrolytes to keep you hydrated. Adding half a stick (one serving) to your breakfast shake can help you to start hydrating from the morning



Isagenix Greens™
a combination of superfood ingredients that adds antioxidants and fibre to IsaLean Shake nutrition



Ionix® Supreme
contains Adaptogens, which help your body manage the effects of stress and can be added to one of your daily shakes

ROBYN COTTON

ISAGENIX CUSTOMER SINCE 2014



“Part of my training for the IsaBody Challenge™ was focusing on running the City 7 Surf. I won the over 50s and I took out the record for that category. I was 55 years old and I beat every 70 year old girl over the line. Isagenix helped me get there. If I could find such success, while running a busy cafe, with the stress that goes hand-in-hand with that, anyone can do this.

Put simply, the Isagenix 30-Day Program is a real synergistic approach.

I couldn't live without the program and I continue to use the entire product range to support my newfound youthful feeling.”



WESTERN AUSTRALIA, AUSTRALIA



WHAT'S YOUR FAVOURITE ONGOING PAK?



30-DAY NUTRITIONAL CLEANSING PROGRAM (P. 15)

Solutions . TARGETED



Essentials for Women

- WHAT** A premium multivitamin for complete women's health.
- WHY** Calcium is essential to women's health and supplementation is an effective way to contribute to your body's daily recommended amount.
- HOW** Essentials uses 900 mg of five types of calcium: carbonate, ascorbate, hydroxyapatite, citrate and gluconate, for strong bones and healthy hair, skin and nails.

Essentials for Women: 120 Tablets



Essentials for Men

- WHAT** A premium multivitamin for complete men's health.
- WHY** Essential vitamins and nutrients needed to promote men's health aren't always readily available in food and many people don't consume nutrient-rich meals on a regular basis.
- HOW** Essentials contains premium B vitamins that help support stamina, energy and endurance, and zinc and selenium to support prostate health.

Essentials for Men: 120 Tablets

Isagenix Greens

- WHAT** A delicious, phytonutrient drink mix with ingredients from more than 30 premium vegetables and fruits.
- WHY** Almost everyone could use more vegetables and fruits in their diet. These nutrients help your body fight free radicals and support overall health.
- HOW** More than 30 vegetable and fruit powders and spices go into Isagenix Greens™, making it rich in antioxidants and specially processed to maximise potency.

Isagenix Greens: 30 Sticks



Snacks & MINI MEALS



IsaLean Bars

Great Nutrition on the Go



WHAT IS ISALEAN BAR?

IsaLean™ Bar is a delicious, protein packed, low-glycaemic bar with perfectly balanced nutrition in four delicious flavours.

WHY DO I NEED ISALEAN BAR?

Great nutrition is tough when you're on the go. Whether you need an energy boost on your way to the gym or a quick breakfast before leaving for work, IsaLean Bar is the best way to enjoy a nutritious meal on the run.

Available in **Nutty Caramel Cashew**, **Chocolate Cream Crisp**, **Chocolate Decadence** and **Natural Oatmeal Raisin**.



NUTTY CARAMEL
CASHEW



CHOCOLATE
CREAM CRISP



CHOCOLATE
DECADENCE



NATURAL
OATMEAL RAISIN

HOW DOES IT WORK?

IsaLean Bar offers balanced nutrition, packing undenatured protein, energy-fuelling carbohydrates and good fats into one tasty, convenient bar. These low-glycaemic, nutritious bars contain 18 grams of protein to support weight management and lean muscle maintenance and leave you feeling satisfied.

- 18 grams of high-quality protein
- Optimal nutrition to help curb hunger
- Convenient for an on-the-go lifestyle

IsaLean Bar: 10 Bars

IsaDelight

WHAT IS ISADELIGHT?

Individually packaged chocolates with green tea extract, amino acids and antioxidants to help curb cravings.

WHY DO I NEED ISADELIGHT?

IsaDelight™ is a tasty way to satisfy cravings during Cleanse Days or any day you want a kilojoule-controlled chocolate indulgence. Cleanse Days can be challenging and the delectable taste of dark or milk chocolate is just what you need to make it through the day.

HOW DOES IT WORK?

Chocolate already tastes great, so we packed even more goodness into IsaDelight. Antioxidants from green tea help your body get more nutrients while you curb cravings on Cleanse Days. Each square contains only 4 grams of fat, so you can enjoy your favourite treat without the guilt.

IsaDelight: 30 Servings



Scan the QR code to view the IsaDelight Video



Slim Cakes

WHAT Heart-healthy cookies to curb cravings and satisfy your sweet tooth, all for less than 380kJ per serve.

WHY We all want a snack sometimes but don't want the guilt. Slim Cakes™ have less than 380kJ per serve and are bursting with berries, oats and white chocolate flavours.

HOW Slim Cakes are filled with fibre from whole oats, inulin and flaxseed, sweetness from natural agave and pleasant tartness from blueberries and cranberries. Every soft, chewy bite of Slim Cakes contains wholesome ingredients that make it a heart-healthy treat.

Slim Cakes: 14 Cookies



Fibre Snacks

WHAT Scrumptious snack bars loaded with 6 grams of quality fibre and protein to satisfy cravings.

WHY Daily intake of fibre and protein are essential for great health. Fibre Snacks™ offer a delightful and convenient way to get more quality fibre and protein into your daily diet.

HOW Every Fibre Snacks bar contains both soluble and insoluble fibre, which helps aid digestion while contributing to feeling full, longer. One Fibre Snacks bar contains 6 grams of fibre, plus 6 grams of undenatured whey protein to help curb cravings.

Fibre Snacks: 12 Bars



PEANUT CHOCOLATE CHEW



Wealth CREATION

Paul McAneny and Suzanne Skillen
Isagenix Customers since 2011
Isagenix Millionaires!



ISAGENIX

BY THE NUMBERS

JEN & JONO
PATCH
 ISAGENIX CUSTOMERS SINCE 2012

14
YEARS
 CHANGING LIVES

OVER \$4 BILLION
 IN CUMULATIVE SALES

TWELVE
 COUNTRIES

UNITED STATES
 CANADA
 PUERTO RICO
 AUSTRALIA
 NEW ZEALAND
 HONG KONG
 TAIWAN
 MEXICO
 MALAYSIA
 SINGAPORE
 COLOMBIA
 INDONESIA



Inc. 5000
 MAGAZINE'S
FASTEST
 GROWING
 COMPANIES

9

CONSECUTIVE
 YEARS

\$5,000,000+
 RAISED FOR
MAKE-A-WISH

200+ **ISAGENIX**
MILLIONAIRES[†]
 AND COUNTING...



AND COUNTING...

2 **ETHOS AWARDS**
 DIRECT SELLING AUSTRALIA **2015**



FORTY-FIVE
 AMERICAN BUSINESS AWARDS

50+ FULL-TIME SCIENTISTS



100 **NO. 22**
 DIRECT SELLING NEWS
GLOBAL 100 LIST



“Once we'd enjoyed great results, we put our parents, siblings and friends in the fitness industry on the Program to see what results they might experience. We just wanted people to know they could feel better but after a few months we realised we were earning an income just from sharing the products.”

ISAGENIX MILLIONAIRES[†]

QUEENSLAND,
 AUSTRALIA



WHICH PAK DO WE RECOMMEND?



THE PRESIDENT'S PAK (P. 14)

What Does Your Dream Look Like?

Wealth Creation with Isagenix® can help make it a reality.

While the majority of our Customers are product users, Isagenix offers the opportunity to build a business and earn a residual income. Some earn extra money to help pay bills while others build full-time businesses and brand new lifestyles.

Isagenix has the tools to help business builders of all types create wealth and transform lives.

Solutions to Transform Lives™



Weight Loss



Energy & Performance



Healthy Ageing



Wealth Creation



Scan the QR code to view the Wealth Creation Video



Business Builder Pak

The ultimate Pak includes our flagship 30-Day Nutritional Cleansing Program along with extra items to try and share with your friends, family and new customers.

- Share the products; share the results
- One complete Getting Started Pak, with extras to share
- Great for Launch Parties

Includes: **4** IsaLean Shake OR IsaLean PRO** (*canisters or packets in your flavour preference*)**, **2** Cleanse for Life, **1** IsaDelight, **1** Ageless Actives, **1** Ionix Supreme (*liquid or powder*), **1** Essentials for Men, **1** Essentials for Women, **2** IsaLean Bars (*in your flavour preference*), **1** Natural Accelerator, **1** Isagenix Snacks, **1** IsaFlush, **1** IsaPro, **1** Fibre Snacks, **2** e+ (*6-ct*), **1** IsaBlender, **1** Informative Program Guide, 12 months of wholesale pricing and a \$25 Event Coupon

Sample Pak

The six-piece Sample Pak provides a great way to share Isagenix and is the perfect gift for family and friends who want to try different products. The five products are presented conveniently inside an IsaShaker bottle, making them easy to share with potential customers at Launch Parties and meetings.

- 1** IsaLean Shake Creamy Dutch Chocolate packet, **1** Fibre Snacks bar, **1** IsaDelight Milk Chocolate, **1** Replenish Lemon Lime stick, **1** e+ bottle, **1** IsaShaker



JUST THE Facts



Ingredient Policy:

Healthy, Safe, Transformative

ISAGENIX NO-COMPROMISE INGREDIENT STANDARDS

No matter how much we grow, our commitment to the quality of our products and ingredients is one thing that will never change. Our highest priority is your health.



HEALTHY

Isagenix® stands for great health. We provide high-quality ingredients in dosages backed by science. We take an evidence-based approach to make sure every ingredient we use is pure, potent and health promoting. We also focus on sourcing ingredients from suppliers that value sustainability. It is a standard that is healthy for you, for us and for the planet.

SAFE

We never compromise on safety. In addition to plenty of caution and care exercised by our formulators and researchers, we are proud to say that our quality control processes are second to none. Every time you reach for an Isagenix product, you can be confident that you're reaching for a safe product that has been thoroughly tested by third-party laboratories for a variety of heavy metals, pesticides and microbial activity.

TRANSFORMATIVE

Isagenix exists to transform lives. We are changing lives around the world by formulating products that work and work well. To create products that make a real difference in your health and vitality, we stay on the cutting edge of nutritional science and constantly work to get the most out of nature's fine ingredients.

"Isagenix has built a reputation on meeting or exceeding all standards commonly used in the nutraceutical industry and this vision of creating a no-compromise company places Isagenix in a category all its own."

John

John Anderson | Isagenix Founder and Master Formulator

Allergen Table

	Peanut	Tree nuts	Eggs	Milk	Fish	Rice	Soy	Gluten	Citrus	Chocolate	Honey	Royal Jelly	Vegetarian	Lacto-Vegetarian	Kosher	Minimum Age
Ageless Actives™							**									18+
Amped™ NOx													✓	✓		18+
Amped™ Power													✓	✓		18+
Amped™ Recover													✓	✓		18+
Cleanse for Life™ – Powder & Liquid													✓	✓		18+
Complete Essentials™ with IsaGenesis™ Men					✓		**									18+
Complete Essentials™ with IsaGenesis™ Women					✓		**									18+
e+													✓	✓		16+
Essentials for Men™													✓	✓		18+
Essentials for Women™													✓	✓		18+
Fibre Snacks™	✓			✓		✓	**			✓	✓			✓	✓	4+
Ionix® Supreme – Powder													✓	✓		18+
Ionix® Supreme – Liquid													✓	✓		14+
IsaDelight™ – Dark Chocolate				✓			**			✓				✓	✓	18+
IsaDelight™ – Milk Chocolate				✓			**			✓				✓	✓	18+
IsaDelight™ – Milk Chocolate with Sea Salt and Caramel				✓			**			✓				✓	✓	18+
IsaFlush™		✓											✓	✓		18+
IsaGenesis™													✓	✓		18+
Isagenix Greens™						✓							✓	✓		4+
Isagenix Snacks™ – Chocolate				✓			**			✓				✓	✓	15+
IsaLean™ Bar – Chocolate Cream Crisp		✓		✓			**			✓				✓	✓	15+
IsaLean™ Bar – Chocolate Decadence				✓		✓	**			✓				✓	✓	15+
IsaLean™ Bar – Natural Oatmeal Raisin				✓			**	✓						✓		15+
IsaLean™ Bar – Nutty Caramel Cashew		✓		✓			**	✓						✓	✓	15+
IsaLean™ PRO				✓										✓		15+
IsaLean™ Shake – Creamy Dutch Chocolate				✓						✓				✓		4+
IsaLean™ Shake – Creamy French Vanilla				✓										✓		4+
IsaLean™ Shake – Dairy Free Rich Chocolate										✓			✓	✓		4+
IsaLean™ Shake – Strawberry Cream				✓										✓		4+
IsaLean™ Shake – Kosher Natural Creamy Vanilla				✓			**							✓	✓	4+
IsaOmega™					✓											18+
IsaPro™				✓										✓		15+
Natural Accelerator™													✓	✓		18+
Replenish™ – Juicy Orange									✓		✓			✓		15+
Replenish™ – Lemon Lime									✓		✓			✓		15+
Slim Cakes™				✓			**	✓						✓	✓	4+

Isagenix products are manufactured in facilities that also produce products that may contain milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and/or soybeans.

** Contains purified lecithin derived from soy.

Nutrition And Supplement Facts

Supplement facts are listed in alphabetical order

Ageless Actives™

Directions for use: Take two capsules twice daily as a dietary supplement preferably with meals. For Adults only.

Each capsule contains: Cholecalciferol (vit D3) 6.25mcg (250IU), ubidecarenone (Co-Enzyme Q10) 25mg, *Linum usitatissimum* (Flaxseed) seed powder 15mg.

Herbal extracts equivalent to: *Polygonum cuspidatum* dry root 10mg, (equiv. 62.5mg Resveratrol), *Punica granatum* (pomegranate) fresh fruit 25mg, *Withania somnifera* (ashwagandha) dry root 5mg, *Lycium chinese* (wolfberry) fresh fruit 5mg, *Curcuma longa* (turmeric) dry root 5mg, *Vitis Vinifera* (red grape) fresh fruit 68.75g.

Warning: If you are on warfarin therapy, do not take without medical advice. Not suitable for children. If you are pregnant, nursing, diabetic, on medication, have any medical condition, or are beginning a weight control program, consult your physician before using this product or any other dietary supplement. Vitamin supplements should not replace a balanced diet.

AMPED™ NOx

Serving size: 60mL Servings per package: 6

Each bottle contains: Energy: 125kJ (30cal), protein: 1g, fat: total 0g, saturated 0g, carbohydrates: 6g, sugars: 2g, dietary fibre: 1g, sodium: 250mg.

Ingredients: Purified water, garden blend 13% [Beet root extract, celery leaf and stem extract, red spinach leaf extract, fruit and vegetable extract blend (green tea leaf, red grape, white grape, bilberry, carrot, grapefruit, papaya, pineapple, strawberry, apple, apricot, cherry, orange, broccoli, green cabbage leaf, onion, garlic, black currant, asparagus, tomato, olive, cucumber)], apple juice concentrate, natural flavours, pomegranate juice concentrate, watermelon juice concentrate, acidity regulator (330), preservative (202), flavour enhancer (296), natural sweetener (960)

Note: Ask a physician to monitor you if you are taking blood thinners, nitroglycerin or other blood pressure medications. If you are pregnant, breastfeeding or have a medical condition, consult your physician before using this product. Discontinue use if adverse reaction occurs. For ages 18+.

AMPED™ Power

Directions for use: adults mix 1 scoop (14g) with 240mL purified water. If preferred, pour over ice. Drink immediately after mixing. Best consumed 15-30 minutes before training.

Each 14g of powder contains: Creatine monohydrate 3g, Glycine 3g, Vitamin C (ascorbic acid) 30mg, Propionyllevocarnitine hydrochloride 500mg, Conc. herbal extract equiv. to Pomegranate (*Punica granatum*) fresh fruit 150g.

Note: Contains sugars. Vitamin supplements should not replace a balanced diet. Seek professional advice before long-term use. If you are pregnant, nursing, diabetic, on medication or have a medical condition, consult your physician before using this product. Discontinue use if adverse reactions occur. For ages 18+.

AMPED™ Recover

Serving size: 2 scoops (13.5g). Servings per container: 20

Each serve contains: Energy: 188kJ (45cal), protein: 0g, fat: 0g, saturated: 0g, carbohydrates: 7g, sugars: 5g, sodium: 50mg, leucine: 1824mg, isoleucine: 872mg, valine: 872mg, L-carnitine: 1000mg, glutamine: 500mg, Tyrosine: 100mg, Histidine: 50mg.

Ingredients: Branched-chain amino acids 30% (leucine, isoleucine, valine), dextrose, levocarnitine tartrate, natural flavours, evaporated cane juice, fructose, acidity regulators (330, 331), glutamine, rice hull powder, red beet juice powder, tyrosine, histidine, sea salt, natural sweetener (960), betacarotene

Note: Contains sugars. Vitamin supplements should not replace a balanced diet. Seek professional advice before long-term use. If you are pregnant, nursing, diabetic, on medication or have a medical condition, consult your physician before using this product. Discontinue use if adverse reactions occur. For ages 18+.

Cleanse for Life™ Natural Rich Berry Liquid

Serving Size: 118mL Servings per bottle: 8

Each serving contains: Energy: 168kJ (40cal), protein: 0g, fat: total 0g, saturated 0g, carbohydrates: 10g, sugars: 8g, dietary fibre: 0g, sodium: 16mg.

Ingredients: Water, fructose, natural flavours, Ionic Alfalfa (*Medicago sativa*) leaf, natural colours, Aloe vera, bilberry fruit (0.21%), blueberry fruit (0.12%), ashwagandha, acidity regulators (330, 332), raspberry juice (0.11%), thickener (415), Pau d'Arco, burdock, preservative (202), fennel, rhodiola, yellow dock, suma, liquorice root, siberian ginseng, peppermint leaf, turmeric, vitamin B3 (niacinamide), vitamin B6 (pyridoxine hydrochloride), choline bitartrate, inositol, betaine hydrochloride, L-methionine, purple carrot juice, vitamin B12 (cyanocobalamin).

Cleanse for Life™ Natural Rich Berry Powder

Serving size: 1 scoop (6g). Servings per container: 16

Each 6g of powder contains: Nicotinamide (Vit B3) 700 mcg, pyridoxine hydrochloride 640mcg, cyanocobalamin (Vit B12) 0.9mcg, potassium citrate 37.5mg (equiv. 13.5mg potassium), *Aloe barbadensis* (Aloe vera) inner leaf powder 157mg

Concentrated herbal extracts equivalent to: *Vaccinium myrtillus* (bilberry) fresh fruit 1g, *Withania somnifera* (ashwagandha) dry root 362.5mg, *Rubus idaeus* (red raspberry) fresh fruit 1.3g, *Foeniculum vulgare* (fennel) dry seed 140mg, *Arctium lappa* (burdock) dry root 600mg, *Rhodiola rosea* (rhodiola) fresh root 100mg, *Eleutherococcus senticosus* (Siberian ginseng) dry root 90mg, *Glycyrrhiza glabra* (liquorice) fresh root 90mg, *Mentha piperita* (peppermint) fresh leaf 80mg, *Curcuma longa* (turmeric) dry root 87.5mg and *Medicago sativa* (alfalfa) equiv. whole plant juice 250mg, choline bitartrate 5mg, inositol 5mg, L-methionine 5mg.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet.

e+

Serving Size: 60mL. Servings per Package: 6

Each bottle contains: Energy: 146.5kJ (35cal), protein: 0g, fat: total 0g, saturated 0g, carbohydrate 8g, sugars: 6g, dietary fibre: 0g, sodium: 10mg, caffeine: 90mg

Ingredients: Purified water, apple juice concentrate, glycerin, raspberry juice concentrate (1.5%), Siberian ginseng root extract, pomegranate juice concentrate, hawthorn berry extract, European mountain ash berry extract, crampbark berry extract, natural flavour, flavour enhancer (296), leuzea root extract, yerba mate leaf extract, green tea leaf extract, chage fruiting body extract, rhodiola root extract, Japanese aralia root extract, schisandra seed extract, Chinese liquorice root extract, stevia leaf extract, acidity regulator (311), D-ribose.

Caution: Contains caffeine comparable to a cup of regular coffee or premium tea. Do not mix with alcoholic beverages. Do not consume more than two bottles of e+ daily. Limit use of e+ if you are sensitive to caffeine or to avoid sleeplessness and occasional rapid heartbeat. Do not take if you are pregnant, breastfeeding, under 16 or have medical condition affected by caffeine. Discontinue use if adverse reaction occurs. If you are taking medication and/or have a medical condition, consult your healthcare professional before use.

Essentials for Men™

Directions for use: Adults take 4 tablets daily as a supplement with meals.

Each tablet contains: Thiamine hydrochloride (vit B1) 6.75mg, riboflavin (vit B2) 6.75mg, nicorinic (vit B3) 6.31mg, pyridoxine hydrochloride (vit B6) 12.2mg, folic acid 125mcg, Cyanocobalamin (vit B12) 2.5mcg, calcium pantothenate (vit B5) 21.74mg, calcium citrate hydrate 4.88mg (equiv. calcium 1mg), calcium carbonate 527.03mg (equiv. calcium 195mg), *Laminaria digitata* (kelp) blade and stem powder 8.33mg (equiv. Iodine 25mcg), aagnesium oxide heavy 146.55mg (equiv. magnesium 85mg), aagnesium citrate 105.63mg (equiv. magnesium 16.27mg), zinc amino acid chelate 833mcg (equiv. zinc 250mcg), copper gluconate 3.65mg (equiv. copper 500mcg), manganese amino acid chelate 2.63mg (equiv. manganese 500mcg), chromium picolinate 104mcg (equiv. chromium 12.5mcg), citrus bioflavonoids extract 17.5mg, rutin 11.56mg, hesperidin 1.66mg, betacarotene 982mcg, calcium ascorbate 30.49mg (equiv. ascorbic acid 25mg, equiv. calcium 3mg), magnesium ascorbate 3.05mg, (equiv. ascorbic acid 2.5mg, equiv. magnesium 200mcg), sodium ascorbate 2.81mg (equiv. ascorbic acid 2.5mg), hydroxyapatite 13.64mg (equiv. calcium 3mg), calcium gluconate 11.66mg (equiv. calcium 1mg), Mixed topherols (high-alpha type) 7.54mg, phytomenadione 20mcg, biotin 75mcg, potassium iodide 34.77mcg (equiv. iodine 25mcg), zinc oxide 3.75mg (equiv. zinc 3mg), zinc citrate dehydrate 1.61mg (equiv. zinc 500mcg), selenomethionine 94mcg (equiv. selenium 37.5mcg), potassium citrate 34.72mg (equiv. Potassium 12.5mg), Borax 1.11mg (equiv. Boron 125mcg), R-alpha lipoic acid 5mg, choline bitrate 2.82mg, cysteine hydrochloride 2.56mg, Lycopene 1mg.

Nutrition And Supplement Facts

Herbal extracts equivalent to dry:

Herbal extracts equivalent to dry: *Medicago sativa* (alfalfa) leaf 22.5mg, *Serenoa repens* (saw palmetto) fruit 100mg, *Vitis vinifera* (grape) fruit 2.5g, *Camellia sinensis* (green tea) leaf 100mg, *Punica granatum* (pomegranate) fruit 8mg, *Silybum marianum* (milk thistle) seed 80mg.

Warning: Not suitable for children. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adult men of selenium from dietary supplements should not be exceeded.

Essentials for Women™

Directions for use: Adults take 4 tablets daily as a supplement with meals.

Each capsule contains: thiamin hydrochloride (vit B1) 8.42mg, riboflavin (vit B2) 8.68mg, nicotinic acid (vit B3) 5mg, pyridoxine hydrochloride (vit B6) 12.2mg, folic acid 125mcg, Cyanocobalamin (vit B12) 12.5mcg, Calcium pantothenate (vit B5) 21.74mg, Calcium citrate hydrate 4.88mg (equiv. calcium 1mg), Calcium carbonate 586.49mg (equiv. calcium 217mg), *Laminaria digitata* (kelp) blade and stem powder 8.33mg (equiv. iodine 25mcg), magnesium oxide heavy 146.55mg (equiv. magnesium 85mg), magnesium citrate 105.63mg (equiv. magnesium 16.27mg), zinc amino acid chelate 833mcg (equiv. zinc 250mcg), copper gluconate 3.65mg (equiv. copper 500mcg), manganese amino acid chelate 2.50mg (equiv. manganese 500mcg), Chromium picolinate 104mcg (equiv. chromium 12.5mcg), citrus bioflavonoids extract 17.5mg, rutin 17.38mg, hesperidin 4.13mg, beta carotene 982mcg, calcium ascorbate 30.49mg (equiv. ascorbic acid 25mg, equiv. Calcium 3mg), magnesium ascorbate 3.05mg (equiv. ascorbic acid 2.5mg, equiv. magnesium 200mcg), sodium ascorbate 2.81mg (equiv. ascorbic acid 2.5mg), hydroxyapatite 13.64mg (equiv. calcium 3mg), calcium gluconate 11.66mg (equiv. calcium 1mg), mixed tocopherols (high-alpha type) 15.08mg, phytomenadione (vit K1) 20mcg, biotin 125mcg, potassium iodide 34.77mcg (equiv. iodine 25mcg), zinc oxide 3.75mg (equiv. zinc 3mg), zinc citrate dehydrate 1.61mg (equiv. zinc 500mcg), selenomethionine 63mcg (equiv. selenium 25mcg, potassium citrate 34.72mg (equiv. potassium 12.5mg, R-alpha lipoic acid 5mg, choline bitartrate 2.82mg, cysteine hydrochloride 2.56mg.

Herbal extracts equivalent to dry: *Medicago sativa* (Alfalfa) leaf 22.5mg, *Punica granatum* (pomegranate) fruit 8mg, *Vitis Vinifera* (Grape) fruit 2.5g, *Camellia sinensis* (green tea) leaf 100mg, *Silybum marianum* (milk thistle) seed 80mg, *Linum usitatissimum* (flax) seed 40mg.

Warning: Not suitable for children. This product contains selenium which is toxic in high doses. A daily dose of 105 micrograms for adult women of selenium from dietary supplements should not be exceeded.

Fibre Snacks™

Serving size: 1 bar (35g), Servings per Package: 12
Energy: 628kJ (150cal), protein: 6g, Fat: total 6g, saturated 1g, carbohydrate: 19g, sugars: 6g, dietary fibre: total 6g, insoluble 2g, soluble 4g, sodium: 95mg, potassium: 125mg, calcium: 20mg, iron: 0.36mg

Ingredients: peanuts (20%), inulin, whey protein crisp (whey protein concentrate, rice flour), brown rice syrup, fructose, peanut butter (peanuts), glycerine, chocolate flavoured coating (sugar,

Fractionated palm kernel oil, cocoa, whey nonfat

milk, lecithin, natural flavour) rice flour, water, corn

bran, flaxseed, partially defatted peanut flour, high

oleic safflower oil, natural flavour, maltodextrin,

astragalus root powder, salt, acai fruit extract,

rice bran, honey, caramel added for colour, goji

berry extract, broccoli powder, cabbage powder,

carrot powder, spinach powder, tomato powder,

tocopherols (306) added to protect flavour, calcium

carbonate, soybean oil.

Warning: Contains peanut, milk, and soybean

ingredients. Produced on equipment that also

processes tree nuts, egg, wheat, oats, barley

and sesame.

Isagenix Greens™

Serving size: 1 packet (10g), Servings per package: 30

Energy: 126kJ (30cal), protein: 1g, fat: total 0.5g, saturated 0g, carbohydrates: 5g, sugars 1g, dietary fibre: total 3g, insoluble 1g, soluble 2g, sodium: 5mg

Ingredients: Rice bran, inulin, pineapple juice, natural flavours (green apple, cucumber, citrus), alfalfa leaf, spirulina, natural sweeteners (967, 960), carrot (45% w/w), bamboo (70% silica), thickener (412), papaya, chlorella, parsley leaf, bilberry fruit, dandelion root, ginkgo biloba leaf, green tea leaf (50% polyphenols, 35% catechins), astragalus root, milk thistle seed (80% silymarin), cinnamon bark, Brussels sprouts (0.5% w/w), ionic alfalfa leaf, grape seed (95% proanthocyanidins), chia seed, beet juice, turnip root, tomato fruit (0.2% w/w), red clover flower, cilantro leaf, dulse leaf, Siberian ginseng root, maitake, shiitake, cordyceps (7% cordycepic acid)

Ionix® Supreme Liquid

Serving size: 30mL. Servings per container: 32

Each 30mL of liquid contains: Thiamine hydrochloride (vit B1) 4mg, riboflavin (vit B2) 7mg, pyrodoxine hydrochloride (vit B6) 8mg, vit B12 50mcg, Niacin (vit B3) 11mg, zinc 8mg, black strap molasses 8000mg, sorrel flower 200mg, ionic tri-mineral complex (calcium, phosphorus, potassium) 168mg, stevia 22mg, alpha lipoic acid 20mg, tribula terrestris 10mg, Siberian ginseng 10mg, schisandra 10mg, wolfberry 10mg, Mucuna pruriens 6mg, Rhododendron caucasicum 5mg.

Also includes: Citric acid, betaine hydrochloride, water, potassium sorbate, sodium benzoate, blueberry leaf, blueberry juice, bamboo, bacopa, ashwaganda, amla berry, ginger, hibiscus, kiwi fruit, watermelon fruit, shilajit, harada, maca, Rhodiola rosea, folic acid.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet. Not suitable for children.

Ionix® Supreme Powder

Serving size: 1 scoop (7.5g). Servings per container: 32

Each scoop contains: Nicotinamide (vit B3) 13mg, pyridoxine hydrochloride (vit B6) 1.2mg, cyanocobalamin (vit B12) 6.75mcg, thiamine hydrochloride (vit B1) 1.1mg, riboflavin (vit B2) 1mg, zinc oxide 6.2mg (equiv. zinc 5mg), folic acid 250mcg, dimethyl sulfone (MSM) 20mg, R,S-alpha lipoic Acid 25mg, *Vaccinium myrtillus* (bilberry) fresh fruit juice 200mg.

Concentrated herbal extract equivalent to dry: *Zingber officinale* (ginger) root 20mg, *Medicago sativa* (alfalfa) leaf 500mg, *Lycium barbarum*

(wolfberry) fruit 400mg,

Hibiscus sabdariffa

(hibiscus) flower 200mg,

Withania somnifera

(ashwagandha) root 120mg,

Citrullus vulgaris

(watermelon) fruit juice 140mg,

Rhododendron aureum

(rhododendron) leaf 125mg,

Terminalia chebula

(harada) fruit 150mg,

Rhodiola rosea

(rhodiola) root 120mg,

Eleutherococcus senticoses

(Siberian ginseng) root 100mg,

Phyllanthus emblica

(amla) fruit 125mg,

Bacopa monnieri

(bacopa) herb 125mg,

Tribulus terrestris

(tribulus) fruit 80mg,

Bambusa breviflora

(bamboo) stem 375mg,

Schisandra chinensis

(Schisandra) fruit 60mg,

Arctium lappa

(burdock) root 200mg.

Warning: Contains sugars. Vitamin supplements

should not replace a balanced diet. Not suitable

for children.

IsaDelight™

Dark Chocolate

Serving Size: 1 chocolate (11.4g). Servings per

Package: 30

Each serve contains: Energy: 210kJ (50cal),

protein: 1g, fat: total 4g , saturated 2.5g,

Carbohydrates: 5g, sugars: 3g, dietary fibre: 1g.

Ingredients: dark chocolate (87%) (chocolate

liqueur (no alcohol), sugar, cocoa butter, soy

lecithin (emulsifier) and vanilla), IsaDelight

Amino Complex (DL-phenylalanine, gamma-

aminobutyric acid, magnesium oxide, glycine,

tri-calcium phosphate, inulin, taurine, niacinamide,

green tea extract, inositol, lecithin, vitamin B6,

cholecalciferol, folic acid, and vitamin B12).

Warning: Contains soy. Manufactured in a facility

that also produces products containing milk,

peanuts and tree nut ingredients

IsaDelight™

Milk Chocolate

Serving size: 1 Chocolate (11.4g)

Each serve contains: Energy 250kJ (60

Cal), Protein 1g, Fat, total 3g, Saturated 2g,

Carbohydrate 6g, Sugars 5g, Dietary fibre 0g,

Sodium 5mg

Ingredients: Milk chocolate (87%) [sugar, milk,

cocoa butter, chocolate liquor (no alcohol),

soy lecithin (emulcifier), vanilla], IsaDelight

Amino Complex (DL-phenylalanine, gamma-

aminobutyric acid, magnesium oxide, glycine,

tricalcium phosphate, inulin, taurine, niacinimide,

green tea extract, inositol, lecithin, vitamin B6,

cholecalciferol, folic acid, vitamin B12)

Warning: Contains milk and soy (lecithin)

ingredients. Manufactured in a facility that also

processes tree nuts, peanuts and wheat.

IsaDelight

Milk Chocolate with Sea Salt

and Caramel

Serving Size: 1 Chocolate (11.4 g). Servings per

Package: 30

Each serving contains: Energy: 250 kJ (60

Cal), protein: 1g, fat: total 3.5g, saturated 2g,

carbohydrates: 6g, sugars: 5g, dietary fibre: 0g,

sodium: 35mg.

Ingredients: Milk chocolate (84%) [sugar, milk,

cocoa butter, chocolate liquor (no alcohol), soy

lecithin (an emulsifier), vanilla], IsaDelight™

Amino Complex [DL-phenylalanine, gamma-aminobutyric

acid, magnesium oxide, glycine, tricalcium

phosphate, inulin, taurine, niacinamide, green tea

extract, inositol, lecithin, vitamin B6 (pyridoxine

hydrochloride), cholecalciferol, folic acid, vitamin

B12 (cyanocobalamin)], natural caramel flavour, sea

salt.

Warning: Contains milk and soy (lecithin)

ingredients. Manufactured in a facility that also

processes tree nuts, peanuts and wheat.

IsaFlush™

Directions for use: Adults take one capsule twice daily.

Each capsule contains: magnesium (from magnesium oxide) 201mg, *Juglans nigra* (black walnut) fruit hull powder 25mg, herbal extracts equivalent to dry: *Hyssopus officinalis* (hyssop) herb 100mg, *Mentha X piperita* (peppermint) leaf 25mg.

Other Ingredients: maltodextrin, microcrystalline cellulose, bentonite, anhydrous citric acid, magnesium stearate, silicon dioxide, stearic acid and hypromellose.

Warning: Always read the label. Use only as directed. Drink plenty of water.

IsaGenesis™

Directions for use: Adults take 2 capsules, twice daily.

Each Softgel Contains: Cyanocobalamin (vitamin B12) 7 mcg, ascorbic acid (vitamin C) 10mg, betacarotene 1 mg, R-alpha lipoic acid 7mg, quercetin dihydrate 4mg, pomegranate (*Punica granatum*) fresh fruit juice 36mg, harada (*Terminalia chebula*) fruit 5mg

Concentrated herbal extracts equivalent to dry:

Turmeric (*Curcuma longa*) root 2.46g, (equiv. curcumin 39mg), acacia (*Acacia nilotica*) stem bark 24mg, bacopa (*Bacopa monnieri*) whole plant 125mg, boswellia (*Boswellia serrata*) gum oleoresin 54mg, black tea (*Camellia sinensis*) leaf 10mg, white tea (*Camellia sinensis*) leaf 23.2mg (equiv. Epigallocatechin-3-0-gallate 695mcg), green tea (*Camellia sinensis*) leaf 720mg (equiv. Epigallocatechin-3-0-gallate 14mg), goldthread (*Coptis chinensis*) root 15mg, horny goat weed (*Epimedium sagittatum*) herb top 205mg, *Panax ginseng* whole plant 125mg, raspberry (*Rubus idaeus*) fruit 50mg, milk thistle (*Silybum marianum*) seed 6.52g, giant knotweed (*Fallopia japonica*) root 2.4g (equiv. resveratrol 15mg), bilberry (*Vaccinium myrtillus*) fruit 28mg, grape (*Vitis vinifera*) seed 800mg, ashwagandha (*Withania somnifera*) root 80mg, marigold (*Tagetes erecta*) flower 467.5mg, Lutein esters calculated as Lutein 500mcg (equivalent Zeaxanthin 167mcg).

Warning: The recommended dose of this medicine provides small amounts of (natural) caffeine. Not suitable for children.

IsaLean™ Bar Chocolate Cream Crisp

Servings per package: 10, Serving size: 1 bar (65g)

Each bar contains: Energy: 1,130kJ (270cal), protein: 18g, Fat: total 9g, saturated 4g, carbohydrates: 28g, Sugars: 18g, dietary fibre: total 1g, insoluble 1g, soluble 0.1g, sodium: 60mg, potassium: 480mg, vitamin A: 350mcg, vitamin C: 16mg, calcium: 405mg, iron: 4mg, vitamin D: 1mcg, vitamin E: 4.2mg, thiamin: 0.45mg, riboflavin: 0.55mg, niacin: 10mg, vitamin B6: 0.5mg, folate: 100mcg, vitamin B12: 0.3mcg, biotin: 40mcg, pantothenic acid: 2mg, phosphorus: 275mg, iodine: 50mcg, magnesium: 54mg, zinc: 4mg, selenium: 12mcg, copper: 0.6mg, manganese: 1.6mg, chromium: 12mcg, molybdenum: 24mcg.

Ingredients: Evaporated cane juice syrup, chocolate coating 19% (sugar, chocolate liqueur (no alcohol), cocoa butter, milk fat, soy lecithin, natural flavour), whey protein isolate, calcium caseinate, maltitol, almond butter, cocoa whey crisp 7% (whey protein concentrate, corn starch, cocoa), non fat dry milk, Vitamins and Minerals (potassium chloride, dicalcium phosphate, ascorbic acid, zinc, oxide, niacinamide, d-alpha tocopheryl acetate, potassium iodide, vitamin A (palmitate), manganese sulphate, biotin, copper gluconate, ferrous (ii) sulphate, riboflavin, sodium molybdare, pantothenic acid, sodium selenite, thiamine mononitrate, folic acid, pyridoxine hydrochloride, cholecalciferol, cyanocobalamin, chromium picolinate), humectant (glycerin), mineral salts (potassium chloride, dicalcium phosphate), sunflower oil, natural cream flavour, natural cookie dough flavour, gum arabic.

Warning: Contains almond, milk, and soy ingredients. Processed on equipment that also processes eggs, peanuts, and tree nuts.

IsaLean™ Bar Chocolate Decadence

Serving Size: 1 bar (65g). Servings per Package: 10

Each bar contains: Energy: 1,046kJ (250cal), protein: 18g, fat: total 6g, saturated 3.1g, carbohydrate: 32g, Sugars 16g, dietary fibre: total 3g, insoluble 0.95g, soluble 1.82g, sodium: 140mg, potassium: 265mg.

Ingredients: Whey protein crisp 22% (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, soy lecithin (emulsifier)), chocolate coating 11% (sugar, vegetable oil, cocoa power, whey powder, nonfat milk powder, lecithin (emulsifier), natural flavour), brown rice syrup, evaporated cane juice syrup, whey protein isolate, invert sugar, cocoa fructose syrup (fructose, water, maltodextrin, Dutch processed and natural cocoas, salt, carrageenan, natural flavours, antioxidant (309), ascorbic acid), milk proteins, Dutch processed cocoa, cocoa rice crisp (rice flour, sugar, cocoa powder), whey protein concentrate, high oleic sunflower oil, fructose, maltitol syrup, milk proteins, inilin, natural flavours, unsweetened chocolate (50% cocoa solids) water, humectant (glycerine), emulsifier (soy lecithin), acai fruit, mineral salt, maltodextrin, astragalus root, goji berry.

Warning: Contains milk and soybean ingredients. Produced on equipment that also processes peanuts, tree nuts, egg and sesame.

IsaLean™ Bar Natural Oatmeal Raisin

Servings per package: 10, Serving size: 1 bar (60g)

Each bar contains: Energy: 879 kJ (210cal), protein: 18g, fat: total 5g, saturated 3g, trans fat 0g, cholesterol: 15mg, carbohydrates: 28g, sugars: 7g, dietary fibre: total 4g, sodium: 85mg, potassium: 130mg, Vitamin A: 200mcg, Vitamin C: 32mg, calcium: 297mg, iron: 1mg, Vitamin D: 1.4mcg, Vitamin E: 11mg, thiamin: 0.22mg, riboflavin: 0.26mg, niacinamide: 2.7mg, Vitamin B6: 0.28mg, folate: 53mcg, Vitamin B12: 0.8mcg, biotin: 40mcg, pantothenic acid: 1.4mg, phosphorus: 132mg, iodine: 20mcg, magnesium: 62mg, zinc: 1.7mg, selenium: 0.76mcg, copper: 0.23mg, manganese: 0.22mg, chromium 0.3mcg, molybdenum 1.3mcg.

Ingredients: Protein blend [whey crisp (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, lecithin), calcium

caseinate, whey protein isolate], brown rice syrup, yoghurt flavoured coating [maltitol, fractionated palm kernel oil, calcium caseinate, milk protein concentrate, nonfat milk, yoghurt powder (cultured whey protein concentrate and cultured nonfat milk), lecithin, natural flavour], maltitol syrup, polydextrose, raisins (7%), rolled oats (7%), water, high oleic safflower oil, natural flavour, cinnamon, vitamin and mineral blend (magnesium oxide, ascorbic acid, alphatocopherol acetate, niacinamide, zinc oxide, copper gluconate, calcium pantothenate, ferric orthophosphate, pyridoxine hydrochloride, riboflavin, manganese sulfate, vitamin A acetate, thiamine mononitrate, folic acid, biotin, potassium iodide, sodium molybdate, vitamin D3, vitamin B12), maltodextrin.

Warning: Contains milk and soy (lecithin) ingredients. Produced on equipment that also processes peanuts, tree nuts, egg and sesame.

IsaLean™ Bar Nutty Caramel Cashew

Serving size: 1 bar (60g). Servings per package: 10.

Each bar contains: 1008kJ (240cal), protein: 18g, fat: 9g, saturated: 3.5g, carbohydrates: 26g, sugars: 7g, dietary fibre: total 6g, insoluble 0g, soluble 6g, sodium: 230g, potassium 150g.

Ingredients: Whey crisps (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, lecithin), nuts (15.5%) (cashews, almonds), whey protein isolate, coating [sugar, palm kernel oil, nonfat dry milk, whole milk powder, lecithin, salt, alkalized cocoa, natural colour (160b)], maltitol, chicory fibre, vegetable glycerin, soluble tapioca fibre, oats, sunflower oil, natural flavours, sea salt, caramel (sugar, water).

Warning: Contains milk, tree nut (cashew and almond) and soy (lecithin) ingredients. Manufactured in a facility that also processes tree nuts, eggs and peanuts.

IsaLean™ Shake Creamy Dutch Chocolate

Serving size: 2 scoops (61g). Servings per container: 14

Each serve contains: Energy: 1,046kJ (240cal), protein: 24g, fat: total 6g, saturated 2g, carbohydrates: 24g, sugars: 11g, dietary fibre: total 8g, insoluble 1.5, soluble 6.5g, sodium: 265mg, potassium: 380mg, vitamin C: 14mg, vitamin D: 2.5mg, mixed tocopherols: 3.49mg, thiamin: 0.385mg, riboflavin: 0.595mg, nicainamide: 2.8mg, vitamin B6: 0.63mg, vitamin A: 187.5mg, folic acid: 70mcg, vitamin B12: 1mcg, biotin: 4mcg, panthothenic acid: 0.65mg, calcium: 200mg, iron: 3mg, phosphorus: 348mg, iodine: 54mcg, magnesium: 80mg, zinc: 4.2mg, selenium: 8mcg.

Ingredients: Exclusive Myo-IsaLean Complex (50.8%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), fructose, cocoa powder, isomaltooligosaccharides, sunflower oil, natural flavours, olive oil, thickener (415), flax seed powder, calcium phosphate – tribasic, medium chain triglyceride oil powder (427a), magnesium oxide, sea salt, acidity regulator (332), enzymes (lactase, cellulose, invertase, lipase), alfalfa leaf, magnesium stearate (470), silicon dioxide (551), psyllium seed powder, mixed tocopherol concentrate, vitamin C (ascorbic acid), natural sweetener (960), cinnamon powder, ferrous lactate, iodine (from kelp), niacinamide, zinc oxide, wild yam,

Nutrition And Supplement Facts

Amino acids are essential nutrients

pyridoxine hydrochloride, riboflavin, thiamine mononitrate, selenomethionine, Lactobacillus acidophilus, cholecalciferol, betacarotene, calcium pantothenate, cyanocobalamin, folic acid.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 980mg, arginine 655mg, aspartic acid 2,110mg, cysteine 470mg, glutamic acid 4,130mg, glycine 425mg, histidine 470mg, isoleucine 1,365mg, leucine 2,270mg, lysine 1,880mg, methionine 550mg, phenylalanine 845mg, proline 1,635mg, serine 1,155mg, threonine 1,340mg, tryptophan 435mg, tyrosine 880mg, valine 1,360mg.

*Since amino acids are naturally occurring, amounts may vary.

Amino acids are essential nutrients

IsaLean™ Shake Creamy French Vanilla
Serving size: 2 scoops (60g). Servings per container: 14.
Each serve contains: Energy: 1004kJ (240cal), protein: 24g, fat: total 5g, saturated 1.5g, carbohydrates: 24g, sugars: 11g, dietary fibre: total 8g, insoluble 0g, soluble 8g, sodium: 240mg, potassium: 270mg, vitamin C: 14g, vitamin D: 2.5mcg, mixed tocopherols: 3.49mg, niacinamide: 2.8g, thiamin: 0.385mg, riboflavin: 0.595mg, vitamin B6: 0.63mg, vitamin A: 187.5mcg, folic acid: 70mcg, vitamin B12: 1mcg, biotin: 4mcg, pantothenic acid: 0.65mg, calcium: 200mg, iron: 3mg, phosphorus: 348mg, iodine: 54mcg, magnesium: 80mg, zinc: 4.2mg, selenium: 8mcg.

Ingredients: Exclusive Myo-IsaLean Complex (55.6%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk), isomaltoogigosaccharides, fructose, sunflower oil, natural flavours, olive oil, flax seed powder, maltodextrin (tapioca), thickener (415), calcium phosphate- tribasic, medium chain triglycerides oil powder (427a), cinnamon powder, magnesium oxide, apple juice powder, enzymes (lactase, cellulase, intertase, lipase) alfalfa leaf, sea salt, magnesium stearate (470), silicon dioxide (551), psyllium seed powder, mixed tocopherols concentrate, vitamin C (ascorbic acid), ferrous lactate, iodine (from kelp), natural sweetener (960), niacinamide, zinc oxide, wild yam, pyridoxine, riboflavin, thiaminemononitrate, selenomethionine, Lactobacillus acidphilus, cholecalciferol, bertacarotene, calcium pathothenate, biotin, cyanocobalamin, folic acid.
Warning: Contains milk ingredients.

Amino acids per serving: Alanine 980mg, arginine 655mg, aspartic acid 2,110mg, cysteine 470mg, glutamic acid 4,130mg, glycine 425mg, histidine 470mg, isoleucine 1,365mg, leucine 2,270mg, lysine 1,880mg, methionine 550mg, phenylalanine 845mg, proline 1,635mg, serine 1,155mg, threonine 1,340mg, tryptophan 435mg, tyrosine 880mg, valine 1,360mg.

Amino acids are essential nutrients

Amino acids are essential nutrients

IsaLean™ Shake Dairy Free Rich Chocolate
Serving Size: 1 packet (63g). Servings per package: 14

Each serve contains: Energy: 1045kJ (250cal), Protein: 24g, Fat: 8g, saturated: 2g, carbohydrates: 22g, sugars: 6g, Dietary fibre: total 8g, insoluble 2g, soluble 6g, sodium: 390g, Potassium: 310g

Ingredients: Phyto-IsaLean Complex™ (45.7%) (whole grain brown rice protein, pea protein isolate), natural Dutch cocoa powder,

Amino acids are essential nutrients

evaporated cane juice, sunflower (Helianthus annuus) oil powder, sunflower lecithin, isomaltoogigosaccharide powder, chia (Salvia hispanica) seed powder, whole grain rice milk powder, olive (Olea europaea) oil powder, natural flavours, flax (Linum usitatissimum) seed powder, thickener (415), inulin, medium chain triglyceride oil powder (472a), fruit and vegetable blend (acai, apple, banana, beet, butternut squash, carrot, kale, pomegranate, pumpkin, sweet potato, spinach), molasses powder, acidity regulator (332), silicon dioxide (551), sea salt, magnesium stearate (470), tricalcium phosphate (341), Lactobacillus acidophilus, natural sweetener (960), cinnamon.

Amino acids per serving: alanine 1100mg, arginine 1545mg, aspartic acid 2275mg, cysteine 415mg, glutamic acid 3705mg, 715mg, histidine 580mg, isoleucine 1255mg, leucine 1985mg, lysine 1185mg, methionine 465mg, phenylalanine 1040mg, proline 1310mg, serine 1210mg, threonine 1050mg, tryptophan 270mg, tyrosine 1060mg, valine 1265mg.

Amino acids are essential nutrients

carbohydrates: 25g, sugars: 16g, dietary fibre: total 6g, insoluble 1.1g, soluble 4.9g, sodium: 125mg, potassium: 260mg, vitamin A: 180mcg, vitamin C: 14mg, vitamin D: 100IU, mixed tocopherols: 5.215IU, thiamin: 0.385mg, riboflavin: 0.595mg, niacin: 2.8mg, vitamin B6: 0.63mg, folic acid: 70 mcg, vitamin B12: 1mcg, biotin: 4mcg, pantothenic acid: 0.65mg, calcium: 200mg, iron: 3mg, phosphorus: 348mg, iodine: 54mcg, magnesium: 80mg, zinc: 4.2mg, selenium: 8mcg.

Other ingredients: Whey protein (19.7%), calcium caseinate, milk powder, fructose, sunflower oil, vanilla flavour, fibersol, lecithin, olive oil, flax seed, vanilla bean, guar gum, tri-calcium phosphate, xanthan gum, cellulose, lemon powder, beta carotene, honey powder, magnesium oxide, acidophilus, butterscotch, alfalfa juice concentrate, soy lecithin, lactase, psyllium seed powder, cinnamon, silicon dioxide, mixed tocopherols, vitamin C (ascorbic acid), kelp, iron lactate, zinc oxide, wild yam, niacin, selenomethionine, vitamin D, vitamin B6, calcium pantothenate, riboflavin, vitamin B1, biotin, vitamin B12, folic acid.

Warning: Contains milk and soy (lecithin) ingredients.

Amino acids per serving: (naturally occurring in whey protein) alanine 900 mg, arginine 600mg, aspartic acid 1,900mg, cystine 300mg, glutamic acid 4,200mg, glycine 400mg, histidine 400mg, isoleucine 1,100mg, leucine 2,200mg, lysine 1,900mg, methionine 550mg, phenylalanine 850mg, proline 1,800mg, serine 1,100mg, threonine 1,200mg, tryptophan 320mg, tyrosine 850mg, valine 1,300mg.

*Since amino acids are naturally occurring, amounts may vary.

Barley Free, Wheat Free, Gluten Free, No Trans Fat.

Amino acids are essential nutrients

For information, motivation and support, visit: @IsagenixANZ

