



NUTRITION AND SUPPLEMENT FACTS

Supplement facts are listed in alphabetical order and colour coded to indicate catalogue section.

■ CLEANSE ■ NUTRITION ■ REJUIVITY

■ Ageless Actives™

Directions for use: Take two capsules twice daily as a dietary supplement preferably with meals. For Adults only.

Each capsule contains: Active ingredients: Cholecalciferol (vit D3) 6.25mcg (250IU), Ubidecarenone (Co-Enzyme Q10) 25mg, *Linum usitatissimum* (Flaxseed) seed powder 15mg.

Herbal extracts equivalent to: *Polygonium cuspidatum* dry root 10mg, Equivalent to **62.5mg Resveratrol**, *Punica granatum* (Pomegranate) fresh fruit 25mg, *Withania somnifera* (Ashwagandha) dry root 5mg, *Lycium chinese* (Wolfberry) fresh fruit 5mg, *Curcuma longa* (Turmeric) dry root 5mg, *Vitis Vinifera* (Red Grape) fresh Fruit 68.75g.

Warning: if on warfarin therapy, not to be taken without medical advice. Not suitable for children. If you are pregnant, nursing, diabetic, on medication, have any medical condition, or are beginning a weight control program, consult your physician before using this product or any other dietary supplement. Vitamin supplements should not replace a balanced diet.

■ Ageless Renewal Serum™

Directions: Use morning and evening after cleansing.

Ingredients: Proprietary Repair-Plex Blend (Hydrolysed protein), Water, Glycerin, Sodium Carboxymethyl Cellulose, Sodium Benzoate, Gluconolactone, Panthenol, Allantoin, Sodium PCA, Oleth-20, Phenoxyethanol, Fragrance.

■ Cleanse for Life™ – Natural Rich Berry Powder

Serving Size 1 scoop (6g), Servings per Container: 16

Each 6g of powder contains: Nicotinamide (Vit B3) 700 mcg, Pyridoxine Hydrochloride 640mcg, Cyanocobalamin (Vit B12) 0.9mcg, Potassium citrate 37.5mg (Equivalent to 13.5mg potassium), *Aloe barbadensis* (Aloe vera) inner leaf powder 157mg

Concentrated herbal extracts equivalent to:

Vaccinium myrtillus (Bilberry) fresh fruit 1g, *Withania somnifera* (Ashwagandha) dry root 362.5mg, *Rubus idaeus* (Red Raspberry) fresh fruit 1.3g, *Foeniculum vulgare* (fennel) dry seed 140mg, *Arctium lappa* (burdock) dry root 600mg, *Rhodiola rosea* (Rhodiola) fresh root 100mg, *Eleutherococcus senticosus* (Siberian Ginseng) dry root 90mg, *Glycyrrhiza glabra* (Licorice) fresh root 90mg, *Mentha piperita* (peppermint) fresh leaf 80mg, *Curcuma longa* (Turmeric) dry root 87.5mg and *Medicago sativa* (Alfalfa) equiv. whole plant juice 250mg, Choline Bitartrate 5mg, Inositol 5mg, L-Methionine 5mg.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet.

■ e+

Directions for use: For fast-acting and long-lasting benefit, consume entire bottle. To maximise enjoyment, hold in mouth to savour the taste. Discard unused portion 72 hours after opening.

Servings per Package – 6, Serving Size – 60mL

Energy 146.5kJ (35 Cal), Protein 0g, Fat, total 0g, saturated 0g, Carbohydrate 8g, Sugars 6g, Dietary fibre 0g, Sodium 10mg, Caffeine 90mg

Ingredients: Purified water, apple juice concentrate, glycerin, raspberry juice concentrate (1.5%), Siberian ginseng root extract, pomegranate juice concentrate, hawthorn berry extract, European mountain ash berry extract, crampbark berry extract, natural flavour, flavour enhancer (296), leuzea root extract, yerba mate leaf extract, green tea leaf extract, chage fruiting body extract, rhodiola root extract, Japanese aralia root extract, schisandra seed extract, Chinese licorice root extract, stevia leaf extract, acidity regulator (311), D-ribose

Caution: Contains caffeine comparable to a cup of regular coffee or premium tea. Do not mix with alcoholic beverages. Do not consume more than two bottles of e+ daily. Limit use of e+ if you are sensitive to caffeine or to avoid sleeplessness and occasional rapid heartbeat. Do not take if you are pregnant, breastfeeding, under 16 or have medical condition affected by caffeine. Discontinue use if adverse reaction occurs. If you are taking medication and/or have a medical condition, consult your healthcare professional before use.

■ Essentials for Men™

Directions for use: Adults take 4 tablets daily as a supplement with meals.

Each Tablet Contains: Thiamine Hydrochloride (vit B1) 6.75mg, Riboflavin (vit B2) 6.75mg, Nicorinic (vit B3) 6.31mg, Pyridoxine hydrochloride (vit B6) 12.2mg, Folic acid 125mcg, Cyanocobalamin (vit B12) 2.5mcg, Calcium Pantothenate (vit B5) 21.74mg, Calcium citrate hydrate 4.88mg, Equiv. Calcium 1mg, Calcium carbonate 527.03mg, Equiv. Calcium 195mg, *Laminaria digitata* (Kelp) blade and stem powder 8.33mg, Equiv. Iodine 25mcg, Magnesium oxide heavy 146.55mg, Equiv. Magnesium 85mg, Magnesium Citrate 105.63mg, Equiv. magnesium 16.27mg, Zinc Amino Acid Chelate 833mcg, Equiv. Zinc 250mcg, Copper Gluconate 3.65mg, Equiv. Copper 500mcg, Manganese amino acid chelate 2.63mg Equiv. manganese 500mcg, Chromium Picolinate 104mcg, Equiv. Chromium 12.5mcg, Citrus bioflavonoids extract 17.5mg, Rutin 11.56mg, Hesperidin 1.66mg, Betacarotene 982mcg, Calcium ascorbate 30.49mg, Equiv. Ascorbic acid 25mg, Equiv. Calcium 3mg, Magnesium ascorbate 3.05mg, Equiv. Ascorbic acid 2.5mg, Equiv. Magnesium 200mcg, Sodium ascorbate 2.81mg, Equiv. Ascorbic acid 2.5mg, Hydroxyapatite 13.64mg, Equiv. Calcium 3mg, Calcium gluconate 11.66mg, Equiv. Calcium 1mg, Mixed topherols (high-alpha type) 7.54mg, Phytomenadione 20mcg, Biotin 75mcg, Potassium iodide 34.77mcg, Equiv. Iodine 25mcg, Zinc oxide 3.75mg, Equiv. Zinc 3mg, Zinc citrate dehydrate 1.61mg, Equiv. Zinc 500mcg, Selenomethionine 94mcg, Equiv. Selenium 37.5mcg, Potassium citrate 34.72mg, Equiv. Potassium 12.5mg, Borax 1.11mg, Equiv. Boron 125mcg, R-alpha Lipoic acid 5mg, Choline bitrate 2.82mg, Cysteine hydrochloride 2.56mg, Lycopene 1mg.

Herbal extracts equivalent to dry:

Medicago sativa (Alfalfa) leaf 22.5mg, *Serenoa repens* (Saw Palmetto) fruit 100mg, *Vitis Vinifera* (Grape) fruit 2.5g, *Camellia sinensis* (Green Tea) leaf 100mg, *Punica granatum* (Pomegranate) fruit 8mg, *Silybum marianum* (Milk Thistle) seed 80mg.

Warning: Not suitable for children. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

■ Essentials for Women™

Directions for use: Adults take 4 tablets daily as a supplement with meals.

Each Capsule Contains: Thiamin hydrochloride (vit B1) 8.42mg, Riboflavin (vit B2) 8.68mg, Nicotinic acid (Vit B3) 5mg, Pyridoxine hydrochloride (vit B6) 12.2mg, Folic acid 125mcg, Cyanocobalamin (vit B12) 12.5mcg, Calcium pantothenate (vit B5) 21.74mg, Calcium citrate hydrate 4.88mg, Equiv. Calcium 1mg, Calcium carbonate 586.49mg, Equiv. Calcium 217mg, *Laminaria digitata* (Kelp) blade and stem powder 8.33mg, Equiv. Iodine 25mcg, Magnesium oxide heavy 146.55mg, Equiv. Magnesium 85mg, Magnesium citrate 105.63mg, Equiv. magnesium 16.27mg, Zinc amino acid chelate 833mcg, Equiv. Zinc 250mcg, Copper gluconate 3.65mg, Equiv. Copper 500mcg, Manganese amino acid chelate 2.50mg, Equiv. Manganese 500mcg, Chromium picolinate 104mcg, Equiv. Chromium 12.5mcg, Citrus bioflavonoids extract 17.5mg, Rutin 17.38mg, Hesperidin 4.13mg, Beta carotene 982mcg, Calcium ascorbate 30.49mg, Equiv. Ascorbic acid 25mg, Equiv. Calcium 3mg, Magnesium ascorbate 3.05mg, Equiv. Ascorbic acid 2.5mg, Equiv. Magnesium 200mcg, Sodium ascorbate 2.81mg, Equiv. Ascorbic acid 2.5mg, Hydroxyapatite 13.64mg, Equiv. Calcium 3mg, Calcium gluconate 11.66mg, Equiv. Calcium 1mg, Mixed tocopherols (high-alpha type) 15.08mg, Phytomenadione (vitK1) 20mcg, Biotin 125mcg, Potassium iodide 34.77mcg, Equiv. Iodine 25mcg, Zinc oxide 3.75mg, Equiv. Zinc 3mg, Zinc citrate dehydrate 1.61mg, Equiv. Zinc 500mcg, Selenomethionine 63mcg, Equiv. Selenium 25mcg, Potassium citrate 34.72mg, Equiv. Potassium 12.5mg, R-alpha lipoic acid 5mg, Choline bitartrate 2.82mg, Cysteine hydrochloride 2.56mg.

Herbal extracts equivalent to dry:

Medicago sativa (Alfalfa) leaf 22.5mg, *Punica granatum* (Pomegranate) fruit 8mg, *Vitis Vinifera* (Grape) fruit 2.5g, *Camellia sinensis* (Green Tea) leaf 100mg, *Silybum marianum* (Milk Thistle) seed 80mg, *Linum usitatissimum* (Flax) seed 40mg.

Warning: This product contains selenium which is toxic in high doses. A daily dose of 105 micrograms for adults of selenium from dietary supplements should not be exceeded.

■ FibreSnacks™

Servings per Package – 12, Serving Size 1 bar (35g)

Energy 628kJ (150Cal), Protein 6g, Fat total 6g, – saturated 1g, Carbohydrate 19g, Sugars 6g, Dietary Fibre, Total 6g, Insoluble 2g, Soluble 4g, Sodium 95mg, Potassium 125mg Calcium 20mg, Iron 0.36mg

Ingredients – Peanuts (20%), inulin, whey protein crisp (whey protein concentrate, rice flour), brown rice syrup, fructose, peanut butter (peanuts), glycerine, chocolate flavoured coating (sugar, fractionated palm kernel oil, cocoa, whey nonfat milk, lecithin, natural flavour) rice flour, water, corn bran, flaxseed, partially defatted peanut flour, high oleic safflower oil, natural flavour, maltodextrin, astragalus root powder, salt, acai fruit extract, rice bran, honey, caramel added for colour, goji berry extract, broccoli powder, cabbage powder, carrot powder, spinach powder, tomato powder, tocopherols (306) added to protect flavour, calcium carbonate, soybean oil.

Contains peanut, milk, soybean, and their products.

■ Ionix® Supreme Liquid

Serving Size 30mL, Servings per Container 32

Vitamin B1 (thiamine hydrochloride) 4mg, Vitamin B2 (riboflavin) 7mg, Vitamin B6 (pyridoxine hydrochloride) 8mg, Vitamin B12 50mcg, Vitamin B3 (Niacin) 11mg, Zinc 8mg, Black strap molasses 8000mg, Sorrel flower 200mg, Ionic tri-mineral complex (calcium, phosphorus, potassium) 168mg, Stevia 22mg, Alpha lipoic acid 20mg, Tribulus terrestris 10mg, Siberian ginseng 10mg, Schizandra 10mg, Wolfberry 10mg, Mucuna pruriens 6mg, Rhododendron caucasicum 5mg.

Also includes – Citric acid, Betaine hydrochloride, Water, Potassium sorbate, Sodium benzoate, Blueberry leaf, Blueberry juice, Bamboo, Bacopa, Ashwaganda, Amla berry, Ginger, Hibiscus, Kiwi fruit, Watermelon fruit, Shilajit, Harada, Maca, Rhodiola rosea, foic acid.

■ Ionix® Supreme Powder

Serving Size 1 scoop (7.5g), Servings per Container 32

Nicotinamide (vit B3) 13mg, Pyridoxine hydrochloride (vit B6) 1.2mg, Cyanocobalamin (vit B12) 6.75mcg, Thiamine hydrochloride (vit B1) 1.1mg, Riboflavin (vit B2) 1mg, Zinc oxide 6.2mg, Equivalent to 5mg zinc, Folic Acid 250mcg, Dimethyl sulfone (MSM) 20mg, R,S-alpha Lipoic Acid 25mg, *Vaccinium myrtillus* (Bilberry) fresh fruit juice 200mg.

Concentrated herbal extract equivalent to dry:

Zingiber officinale (Ginger) root 20mg, *Medicago sativa* (Alfalfa) leaf 500mg, *Lycium barbarum* (Wolfberry) fruit 400mg, *Hibiscus sabdariffa* (Hibiscus) flower 200mg, *Withania somnifera* (Ashwagandha) root 120mg, *Citrullus vulgaris* (Watermelon) fruit juice 140mg, *Rhododendron aureum* (Rhododendron) Leaf 125mg, *Terminalia chebula* (Harada) fruit 150mg, *Rhodiola rosea* (Rhodiola) root 120mg,

Eleutherococcus senticosos (Siberian Ginseng) root 100mg, *Phyllanthus emblica* (Amla) fruit 125mg, *Bacopa monnieri* (Bacopa) herb 125mg, *Tribulus terrestris* (Tribulus) fruit 80mg, *Bambusa breviflora* (Bamboo) stem 375mg, *Schisandra chinensis* (Schizandra) fruit 60mg, *Arctium lappa* (Burdock) root 200mg.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet. Not suitable for children.

■ IsaDelight Plus™

Servings per Package – 30, Serving Size – 1 chocolate (11.4g)

Calories per serving 210kJ (50 Cal), Protein 1g, **Fat, total** 4g, saturated 2.5g, **Carbohydrates** 5g, **Sugars** 3g, Dietary Fibre 1g.

Ingredients – Dark chocolate (87%) (chocolate liquor (no alcohol), sugar, cocoa butter, soy lecithin (an emulsifier), and vanilla), IsaDelight® Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium oxide, glycine, tricalcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, vitamin B6, cholecalciferol, folic acid, and vitamin B12).

Contains soy. Manufactured in a facility that also produces products containing milk, peanuts and tree nut ingredients.

■ IsaFlush!™

Directions for use: Adults take one capsule twice daily.

Each Capsule Contains: Magnesium (from magnesium oxide) 201mg, *Juglans nigra* (black walnut) fruit hull powder 25mg, Herbal extracts equivalent to dry: *Hyssopus officinalis* (hyssop) herb 100mg, *Mentha X piperita* (peppermint) leaf 25mg.

Other Ingredients: Maltodextrin, microcrystalline cellulose, bentonite, anhydrous citric acid, magnesium stearate, silicon dioxide, stearic acid and hypromellose.

■ IsaLean Bar™ – Chocolate Cream Crisp

Servings per package – 10, Serving Size – 1 bar (65g)

Energy 1,130kJ (270 kCal), protein 18g, Fat, total 9g, saturated 4g, Carbohydrate 28g, Sugars 18g, Dietary Fibre, Total 1g, Insoluble 1g, Soluble 0.1g, Sodium 60mg, Potassium 480mg, Vitamin A 350mcg, Vitamin C 16mg, Calcium 405mg, Iron 4mg, Vitamin D 1mcg, Vitamin E 4.2mg, Thiamine 0.45mg, Riboflavin 0.55mg, Niacin 10mg, Vitamin B6 0.5mg, Folate 100mcg, Vitamin B12 0.3mcg, Biotin 40mcg, Pantothenic Acid 2mg, Phosphorus 275mg, Iodine 50mcg, Magnesium 54mg, Zinc 4mg, Selenium 12mcg, Copper 0.6mg, Manganese 1.6mg, Chromium 12mcg, Molybdenum 24mcg.

Ingredients: Evaporated cane juice syrup, chocolate coating 19% (sugar, chocolate liquor, cocoa butter, milk fat, soy lecithin, natural flavour), whey protein isolate, calcium caseinate, maltitol, almond butter, cocoa whey crisp 7% (whey protein concentrate, corn starch, cocoa), non fat dry milk, Vitamins and Minerals (potassium chloride, dicalcium phosphate, ascorbic acid, zinc, oxide, niacinamide, d-alpha tocopheryl acetate, potassium iodide, vitamin A (palmitate), manganese sulphate, biotin, copper gluconate, ferrous (ii) sulphate, riboflavin, sodium molybdare, pantothenic acid, sodium selenite, thiamine mononitrate, folic acid, pyridoxine hydrochloride, cholecalciferol, cyanocobalamin, chromium picolinate), humectant (glycerine), mineral salts (potassium chloride, dicalcium phosphate), sunflower oil, natural cream flavour, natural cookie dough flavour, gum arabic.

Contains almond, milk, and soy ingredients. Processed on equipment that also processes eggs, peanuts, and tree nuts.

■ IsaLean Bar™ – Chocolate Decadence

Servings per Package – 10, Serving Size – 1 bar (65g)

Energy 1,046kJ (250 kCal), Protein 18g, Fat, total 6g, saturated 3.1g, Carbohydrate 32g, Sugars 16g, Dietary Fibre, Total 3g, Insoluble 0.95g, Soluble 1.82g, Sodium 140mg, Potassium 265mg.

Ingredients: Whey protein crisp 22% (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, soy lecithin (emulsifier)), chocolate coating 11% (sugar, vegetable oil, cocoa power, whey powder, nonfat milk powder, lecithin (emulsifier), natural flavour), brown rice syrup, evaporated cane juice syrup, whey protein isolate, invert sugar, cocoa fructose syrup (fructose, water, maltodextrin, dutched and natural cocoas, salt, carrageenan, natural flavours, antioxidant (309), ascorbic acid), milk proteins, dutched cocoa, cocoa rice crisp (rice flour, sugar, cocoa powder), whey protein concentrate, high oleic sunflower oil, fructose, maltitol syrup, milk proteins, inulin, natural flavours, unsweetened chocolate (50% cocoa solids) water, humectant (glycerine), emulsifier (soy lecithin), acai fruit, mineral salt, maltodextrin, astragalus root, goji berry.

Contains milk and soybean ingredients. Produced on equipment that also processes peanuts, tree nuts, egg and sesame.

■ IsaLean Bar™ - Natural Oatmeal Raisin

Servings per Package – 10, Serving Size – 1 bar (60g)
Energy 879 KJ (210 Calories), Protein 18g, Fat, total 5g, -saturated 3g, -trans fat 0g, Cholesterol 15mg, Carbohydrate 28g, Sugars 7g, Dietary Fibre, total 4g, Sodium 85mg, Potassium 130mg, Vitamin A 200mcg, Vitamin C 32mg, Calcium 297mg, Iron 1mg, Vitamin D 1.4mcg, Vitamin E 11mg, Thiamine 0.22mg, Riboflavin 0.26mg, Niacinamide 2.7mg, Vitamin B6 0.28mg, Folate 53mcg, Vitamin B12 0.8mcg, Biotin 40mcg, Pantothenic Acid 1.4mg, Phosphorus 132mg, Iodine 20mcg, Magnesium 62mg, Zinc 1.7mg, Selenium 0.76mcg, Copper 0.23mg, Manganese 0.22mg, Chromium 0.3mcg, Molybdenum 1.3mcg.

Ingredients: Protein blend [whey crisp (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, lecithin), calcium caseinate, whey protein isolate], brown rice syrup, yoghurt flavoured coating [maltitol, fractionated palm kernel oil, calcium caseinate, milk protein concentrate, nonfat milk, yoghurt powder (cultured whey protein concentrate and cultured nonfat milk), lecithin, natural flavour], maltitol syrup, polydextrose, raisins (7%), rolled oats (7%), water, high oleic safflower oil, natural flavour, cinnamon, vitamin and mineral blend (magnesium oxide, ascorbic acid, alpha-tocopherol acetate, niacinamide, zinc oxide, copper gluconate, calcium pantothenate, ferric orthophosphate, pyridoxine hydrochloride, riboflavin, manganese sulfate, vitamin A acetate, thiamine mononitrate, folic acid, biotin, potassium iodide, sodium molybdate, vitamin D3, vitamin B12), maltodextrin.

Contains milk and soy (lecithin) ingredients. Produced on equipment that also processes peanuts, tree nuts, egg, and sesame.

■ IsaLean™ Shake – Natural Creamy Chocolate

Servings per Container – 14, Serving Size – (2 scoops) 61g.
Calories per serving 1,046kJ (250Cal), **Protein** 24g, **Fat, total** 6g, – saturated 1.5g, **Carbohydrate** 26g, Sugars 16g, Dietary Fibre, Total 5g, Insoluble 1.1g, Soluble 3.9g, **Sodium** 200mg, **Potassium** 350mg, Vitamin A 180mcg, Vitamin C 14mg, Vitamin D 100 IU, Mixed Tocopherols 5.215 IU, Thiamin 0.385mg, Riboflavin 0.595mg, Niacin 2.8mg, Vitamin B6 0.63mg, Folic Acid 70mcg, Vitamin B12 1mcg, Biotin 4mcg, Pantothenic Acid 0.65mg, Calcium 200mg, Iron 3mg, Phosphorus 348mg, Iodine 54mcg, Magnesium 80 mg, Zinc 4.2mg Selenium 8 mcg.

Other Ingredients – Whey Protein (19.7%), Calcium Caseinate, Milk Powder, Fructose, Sunflower Oil, Natural Cocoa Powder, Vanilla Flavour, Lecithin, Olive Oil, Flax Seed, Guar Gum, Tri Calcium Phosphate, Xanthan Gum, Fibersol, Cellulose, Chocolate Flavour, Salt, Beta Carotene, Honey Powder, Magnesium Oxide, Irish Cream, Acidophilus, Alfalfa Juice Concentrate, Soy Lecithin, Lactase, Psyllium Seed, Silicon Dioxide, Cinnamon, Mixed Tocopherols, Vitamin C (Ascorbic Acid), Kelp, Iron Lactate, Zinc Oxide, Wild Yam, Niacin, Selenomethionine, Vitamin D, Vitamin B6, Calcium Pantothenate, Riboflavin, Vitamin B1, Biotin, Vitamin B12, Folic Acid.

Contains milk and soy (lecithin) ingredients.

Amino Acids Per Serving (naturally occurring in Whey Protein+)
Alanine 900mg, Arginine 600mg, Aspartic Acid 1,900mg, Cystine 300mg, Glutamic Acid 4,200mg, Glycine 400mg, Histidine 400mg, Isoleucine 1,100mg, Leucine 2,200mg, Lysine 1,900mg, Methionine 550 mg, Phenylalanine 850mg, Proline 1,800mg, Serine 1,100mg, Threonine 1,200mg, Tryptophan 320mg, Tyrosine 850mg, Valine 1,300mg.

+ Since amino acids are naturally occurring, amounts may vary.

Barley Free, Wheat Free, Gluten Free, No Trans Fat.

■ IsaLean™ Shake – Creamy Dutch Chocolate

Servings per Container – 14, Serving Size – (2 scoops) 61g.
Calories per serving 1,046kJ (240Cal), **Protein** 24g, **Fat, total** 6g, - saturated 2g, **Carbohydrate** 24g, Sugars 11g, Dietary Fibre, Total 8g, Insoluble 1.5, Soluble 6.5g, Sodium 265mg, Potassium 380mg, Vitamin C 14mg, Vitamin D 2.5mg, Mixed Tocopherols 3.49mg, Thiamin 0.385mg, Riboflavin 0.595mg, Niacinamide 2.8mg, Vitamin B6 0.63mg, Vitamin A 187.5mg, Folic Acid 70mcg, Vitamin B12 1mcg, Biotin 4mcg, Pantothenic Acid 0.65mg, Calcium 200mg, Iron 3mg, Phosphorus 348mg, Iodine 54mcg, Magnesium 80mg, Zinc 4.2mg, Selenium 8mcg.

Ingredients – Exclusive Myo-IsaLean Complex (50.8%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), fructose, cocoa powder, isomaltooligosaccharides, sunflower oil, natural flavours, olive oil, thickener (415), flax seed powder, calcium phosphate – tribasic, medium chain triglycerides oil powder (427a), magnesium oxide, sea salt, acidity regulator (332), enzymes (lactase, cellulose, invertase, lipase) alfalfa leaf, magnesium stearate (470), silicon dioxide (551), psyllium seed powder, mixed tocopherol concentrate, vitamin C (ascorbic acid), natural sweetener (960), cinnamon powder, ferrous lactate, iodine (from kelp), niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, selenomethionine, Lactobacillus acidophilus, cholecalciferol, betacarotene, calcium pantothenate, cyanocobalamin, folic acid.

Contains milk ingredients.

Amino Acids Per Serving

Alanine 980mg, Arginine 655mg, Aspartic Acid 2,110mg, Cysteine 470mg, Glutamic Acid 4,130mg, Glycine 425mg, Histidine 470mg, Isoleucine 1,365mg, Leucine 2,270mg, Lysine 1,880mg, Methionine 550mg, Phenylalanine 845mg, Proline 1,635mg, Serine 1,155mg, Threonine 1,340mg, Tryptophan 435mg, Tyrosine 880mg, Valine 1,360mg.

+Since amino acids are naturally occurring, amounts may vary.

■ IsaLean™ Shake – Natural Creamy Vanilla

Servings per Container – 14, Serving Size – (2 scoops) 61g.
Calories 1,046kJ (250Cal), **Protein** 23g, **Fat, total** 6g, – Saturated 1 g, **Carbohydrate** 25g, **Sugars** 16g, Dietary Fibre, Total 6g, Insoluble 1.1g, Soluble 4.9g, **Sodium** 125mg, **Potassium** 260mg, Vitamin A 180mcg, Vitamin C 14mg, Vitamin D 100 IU, Mixed Tocopherols 5.215 IU, Thiamin 0.385mg, Riboflavin 0.595mg, Niacin 2.8mg, Vitamin B6 0.63mg, Folic Acid 70 mcg, Vitamin B12 1mcg, Biotin 4mcg, Pantothenic Acid 0.65mg, Calcium 200mg, Iron 3mg, Phosphorus 348mg, Iodine 54mcg, Magnesium 80mg, Zinc 4.2mg, Selenium 8mcg.

Other Ingredients – Whey Protein (19.7%), Calcium Caseinate, Milk Powder, Fructose, Sunflower Oil, Vanilla Flavour, Fibersol, Lecithin, Olive Oil, Flax Seed, Vanilla Bean, Guar Gum, Tri Calcium Phosphate, Xanthan Gum, Cellulose, Lemon Powder, Beta Carotene, Honey Powder, Magnesium Oxide, Acidophilus, Butterscotch, Alfalfa Juice Concentrate, Soy Lecithin, Lactase, Psyllium Seed Powder, Cinnamon, Silicon Dioxide, Mixed Tocopherols, Vitamin C (Ascorbic acid), Kelp, Iron Lactate, Zinc Oxide, Wild Yam, Niacin, Selenomethionine, Vitamin D, Vitamin B6, Calcium Pantothenate, Riboflavin, Vitamin B1, Biotin, Vitamin B12, Folic Acid.

Contains milk and soy (lecithin) ingredients.

Amino Acids Per Serving (naturally occurring in Whey Protein+)
Alanine 900 mg, Arginine 600mg, Aspartic Acid 1,900mg, Cystine 300mg, Glutamic Acid 4,200mg, Glycine 400mg, Histidine 400mg, Isoleucine 1,100mg, Leucine 2,200mg, Lysine 1,900mg, Methionine 550mg, Phenylalanine 850mg, Proline 1,800mg, Serine 1,100mg, Threonine 1,200mg, Tryptophan 320mg, Tyrosine 850mg, Valine 1,300mg.

+Since amino acids are naturally occurring, amounts may vary.

Barley Free, Wheat Free, Gluten Free, No Trans Fat.

■ IsaLean™ Shake – Creamy French Vanilla

Servings per Container – 14, Serving Size – 2 (60g)
Calories per serving 1004kJ (240Cal), **Protein** 24g, **Fat, total** 5g, - saturated 1.5g, **Carbohydrate** 24g, Sugars 11g, Dietary Fibre, Total 8g, Insoluble 0g, Soluble 8g, **Sodium** 240mg, **Potassium** 270mg, Vitamin C 14g, Vitamin D 2.5mcg, Mixed Tocopherols 3.49mg, Niacinamide 2.8g, Thiamin 0.385mg, Riboflavin 0.595mg, Vitamin B6 0.63mg, Vitamin A 187.5mcg, Folic Acid 70mcg, Vitamin B12 1mcg, Biotin 4mcg, Pantothenic Acid 0.65mg, Calcium 200mg, Iron 3mg, Phosphorus 348mg, Iodine 54mcg, Magnesium 80mg, Zinc 4.2mg, Selenium 8mcg.

Ingredients – Exclusive Myo-IsaLean Complex (55.6%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk), isomaltooligosaccharides, fructose, sunflower oil, natural flavours, olive oil, flax seed powder, maltodextrin (tapioca), thickener (415), calcium phosphate- tribasic, medium chain triglycerides oil powder (427a), cinnamon powder, magnesium oxide, apple juice powder, enzymes (lactase, cellulase, invertase, lipase) alfalfa leaf, sea salt, magnesium stearate (470), silicon dioxide (551), psyllium seed powder, mixed tocopherols concentrate, vitamin C (ascorbic acid), ferrous lactate, iodine (from kelp), natural sweetener (960), niacinamide, zinc oxide, wild yam, pyridoxine, riboflavin, thiamine mononitrate, selenomethionine, Lactobacillus acidophilus, cholecalciferol, betacarotene, calcium pantothenate, biotin, cyanocobalamin, folic acid.

Amino Acids Per Serving

Alanine 980mg, Arginine 655mg, Aspartic Acid 2,110mg, Cysteine 470mg, Glutamic Acid 4,130mg, Glycine 425mg, Histidine 470mg, Isoleucine 1,365mg, Leucine 2,270mg, Lysine 1,880mg, Methionine 550mg, Phenylalanine 845mg, Proline 1,635mg, Serine 1,155mg, Threonine 1,340mg, Tryptophan 435mg, Tyrosine 880mg, Valine 1,360mg.

■ IsaLean Pro™ Shake - French Vanilla

Servings per Package – 14, Serving Size – 1 Packet (68g)
Energy Per Serving 1172 KJ, Protein 36g, Fat, total 6g, -saturated 2.5g, Carbohydrate 21g, Sugars 9g, Dietary Fibre, total 6g, Insoluble 0g, Soluble 6g, Sodium 270mg, Potassium 400mg, Vitamin C 14mg, Vitamin D 2.5mcg, Mixed Tocopherols 3.49mg, Niacinamide 2.8mg, Thiamin 0.385mg, Riboflavin 0.595mg, Vitamin B6 0.63mg, Vitamin A 187.5mcg, Folic Acid 70mcg, Vitamin B12 1mcg, Biotin 4mcg, Pantothenic Acid 0.65mg, Calcium 200mg, Iron 3mg, Phosphorus 348mg, Iodine 54mcg, Magnesium 80mg, Zinc 4.2mg.

Ingredients - Exclusive Myo-IsaLean Complex (70%)(whey protein concentrate,

milk protein concentrate, low-heat nonfat milk powder), isomaltooligosaccharides, sunflower oil, fructose, natural vanilla flavours, thickener (415), olive oil, flax seed powder, tribasic calcium phosphate, medium chain triglycerides oil powder (427a), cinnamon powder, magnesium oxide, maltodextrin (tapioca), enzymes (lactase, cellulase, invertase, lipase), apple juice powder, alfalfa leaf, sea salt, magnesium stearate (470), silicon dioxide (551), mixed tocopherols, vitamin C (ascorbic acid), natural sweetener (960), ferrous lactate, psyllium seed powder, potassium iodide, niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, *Lactobacillus acidophilus*, cholecalciferol, vitamin A (retinyl palmitate), calcium pantothenate, biotin, selenomethionine, cyanocobalamin, folic acid.

Contains milk ingredients.

Amino Acids Per Serving

Alanine 1,605mg, Arginine 940mg, Aspartic Acid 3,390mg, Cysteine 800mg, Glutamic Acid 6,040mg, Glycine 655mg, Histidine 745mg, Isoleucine 2,140mg, Leucine 3,530mg, Lysine 2,880mg, Methionine 815mg, Phenylalanine 1,190mg, Proline 2,275mg, Serine 1,740mg, Threonine 2,190mg, Tryptophan 730mg, Tyrosine 1,240mg, Valine 2,045mg.

+Since amino acids are naturally occurring, amounts may vary.

■ IsaLean Pro™ Shake - Natural Chocolate

Servings per Package – 14, Serving Size – 1 Packet (69g)

Energy Per Serving 1172 KJ, Protein 36g, Fat, total 6g, -saturated 2.5g, Carbohydrate 21g, Sugars 9g, Dietary Fibre, total 6g, Insoluble 1g, Soluble 5g, Sodium 285mg, Potassium 460mg, Vitamin C 14mg, Vitamin D 2.5mcg, Mixed Tocopherols 3.49mg, Niacinamide 2.8mg, Thiamin 0.385mg, Riboflavin 0.595mg, Vitamin B6 0.63mg, Vitamin A 187.5mcg, Folic Acid 70mcg, Vitamin B12 1mcg, Biotin 4mcg, Pantothenic Acid 0.65mg, Calcium 200mg, Iron 3mg, Phosphorus 348mg, Iodine 54mcg, Magnesium 80mg, Zinc 4.2mg.

Ingredients – Exclusive Myo-IsaLean Complex (65.4%)(whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), cocoa powder, fructose, sunflower oil, isomaltooligosaccharides, natural chocolate flavours, thickener (415), olive oil, flax seed powder, tribasic calcium phosphate, medium chain triglycerides oil powder (427a), magnesium oxide, sea salt, enzymes (lactase, cellulase, invertase, lipase), acidity regulator (332), alfalfa leaf, magnesium stearate (470), silicon dioxide (551), mixed tocopherols, vitamin C (ascorbic acid), ferrous lactate, psyllium seed powder, potassium iodide, cinnamon powder, natural sweetener (960), niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, *Lactobacillus acidophilus*, cholecalciferol, vitamin A (retinyl palmitate), calcium pantothenate, biotin, selenomethionine, cyanocobalamin, folic acid.

Contains milk ingredients.

Amino Acids Per Serving

Alanine 1,605mg, Arginine 940mg, Aspartic Acid 3,390mg, Cysteine 800mg, Glutamic Acid 6,040mg, Glycine 655mg, Histidine 745mg, Isoleucine 2,140mg, Leucine 3,530mg, Lysine 2,880mg, Methionine 815mg, Phenylalanine 1,190mg, Proline 2,275mg, Serine 1,740mg, Threonine 2,190mg, Tryptophan 730mg, Tyrosine 1,240mg, Valine 2,045mg.

+Since amino acids are naturally occurring, amounts may vary.

■ Vanilla IsaPro™

Servings per container – 20, Serving Size – 1½, 34.5g, Energy 627kJ (150 Cal), Protein 27g, Total fat 2.25g, saturated Fat 1.5g, Carbohydrate 3g, Sugars 1.5g, Dietary Fibre 0g, Sodium 135mg, Calcium 75mg.

Ingredients – Whey protein concentrate 97%, Natural Flavours (vanilla and citrus), Lactase.

Contains milk ingredients.

Amino Acids – Alanine 1325mg, Arginine 675mg, Aspartic Acid 2770mg, Cysteine 700mg, Glutamic Acid 4515mg, Glycine 500mg, Histidine 475mg, Isoleucine 1720mg, Leucine 2795mg, Lysine 2270mg, Methionine 625mg, Phenylalanine 850mg, Proline 1595mg, Serine 1325mg, Threonine 1820mg, Tryptophan 600mg, Tyrosine 870mg, Valine 1570mg.

■ Natural Accelerator™

Directions for use: Adults take 1 or 2 capsules with a light snack before bedtime or take with small amount of liquid.

Each Capsule Contains: Active Ingredients: Nicotinic Acid (vit B3) 10mg, Chromium (as picolinate) 25mcg, R-alpha Lipoic Acid 100mg, Inositol 5.4mg, Methionine 5.4mg, Royal Jelly 5.4mg, *Panax quinquefolius* 5.4mg, (American ginseng) root powder. Herbal extracts equivalent to dry: *Handroanthus impetiginosus* 108.4mg, (Pau D'Arco) stem bark powder *Medicago sativa* (Alfalfa) leaf 64.4mg, *Eleutherococcus* 11mg, (Siberian ginseng) root, *Dioscorea villosa* (Wild Yam) root 5.4mg, *Capsicum annuum* (Cayenne) fruit 135.8mg, *Salix purpurea* 10.97mg,

(Willow bark) stem bark outer, *Camellia sinensis* (Green Tea) leaf 542mg, *Cinnamomum cassia* 27.2mg, (Cinnamon) inner stem bark.

Other Ingredients: Maltodextrin, apple cider vinegar powder, hypromellose, magnesium stearate, octacosanol, carnauba wax, betaine hydrochloride, silicon dioxide, and calcium hydrogen phosphate.

Warning: This product contains royal jelly which has been reported to cause severe allergic reactions and in rare cases fatalities – especially in asthma and allergy sufferers. Not suitable for children.

■ Product B™ Antioxidants Plus Telomere Support

Directions for Use: Adults, take 2 capsules, twice daily.

Each capsule contains: Concentrated herbal extracts equiv. to dry: milk thistle (*Silybum marianum*) seed 9.09g, ashwagandha (*Withania somnifera*) Root 100mg, turmeric (*Curcuma longa*) root 1.02g, grape (*Vitis vinifera*) seed 1.19g, boswellia (*Boswellia serrata*) gum resin 40mg, red raspberry (*Rubus idaeus*) fruit 60mg, bilberry (*Vaccinium myrtillus*) fruit 48mg, *Panax ginseng* root 150mg, amla (*Phyllanthus emblica*) fruit 25mg, bacopa (*Bacopa monnieri*) whole plant 100mg, black tea (*Camellia sinensis*) leaf 10mg, green tea (*Camellia sinensis*) leaf 800mg, *Fallopia japonica* root 2.4g, horny goat weed (*Epimedium sagittatum*) herb top 125mg, goldthread (*Coptis chinensis*) root 40mg, hawthorn (*Crataegus pinnatifida*) root 20mg, hawthorn (*Crataegus pinnatifida*) fruit 8mg..

Also includes: Vitamin C (ascorbic acid) 10mg, flax (*Linum usitatissimu*) seed powder 10mg, vitamin e (d-alpha tocopheryl acid succinate 7.5IU) 6.2mg, r-alpha lipoic acid 3.92mg, quercetin dehydrate 1.96mg, harada (*Terminalia chebula*) fruit powder 2mg, lecithin 6mg, pomegranate (*Punica granatum*) dry fruit 20mg.

■ SlimCakes™ – Oatmeal Berry

Servings per Package – 1, Serving Size – 1 cookie (30 g)

Energy 377 kJ (90 Cal), Protein 2g, Fat, total 2g, – saturated 0.5g, Carbohydrate 20g, Sugars 4g, Dietary Fibre, Total 5g, Insoluble 4.5g, Soluble 0.5g, Sodium 85mg (4 mmol).

Ingredients – Oats and Oat Bran (24%), Flour, Water, Raisin Paste, Maltitol, Inulin, Erythritol, Polydextrose, Flax Seeds, Agave Syrup, Organic Cane Juice, Blueberry White Chocolate Chips, Dried Cranberries (2.4%), Milk Solids (Whey), Sodium Bicarbonate, Sodium Chloride, Whole Dried Blueberries (0.1%), Natural Flavours, Guar Gum.

Contains wheat, milk and soy ingredients. May contain eggs, peanuts, tree nuts and sulfites.

■ Isagenix Snacks!™ – Natural Chocolate

Servings per Package – 30, Serving Size – 2 tablets (7.2g)

Energy 121kJ (29 Cal), Protein 1.52g, Fat, total 0.931 g, Saturated 0.462g, Carbohydrate 3.68g, Sugars 3g, Sodium 18.3 mg, Chromium 24µg, L-methionine 12mg

Other Ingredients – fructose, low-heat non-fat milk solids, milk protein (calcium caseinate and whey protein concentrate), emulsifier (soy lecithin), stabilisers (silicon dioxide, magnesium stearate), cocoa (5.7%), chocolate flavour, milk flavour, salt, L-methionine, chromium picolinate.

Contains milk and soy.

■ Want More Energy?™ – Orange

Servings per canister 36, Serving size 2 scoops (10g)

Each 10gm of Powder Contains: Ascorbic acid (Vit C) 100mg, Nicotinic acid (Vit B3) 10mg, Calcium pantothenate 17.4mg Equivalent to 16mg pantothenic acid (Vit B5), Pyridoxine hydrochloride 854mcg Equivalent to 700mcg pyridoxine (Vit B6), Beta carotene 240mcg, Riboflavin (Vit B2) 600mcg, Thiamine hydrochloride 640 mcg Equivalent to 525mcg thiamine (Vit B1), Folic acid 140mcg, Chromium picolinate 250mcg Equivalent to 30mcg chromium, Zinc oxide 6.25mg Equivalent to 5mg zinc, Potassium citrate 395.8mg Equivalent to 142.5mg potassium, *Medicago sativa* (Alfalfa) Equivalent to whole plant juice 25mg, Tyrosine 167mg, Glycine 33mg, Inositol 33.3mg.

Warning: Not suitable for infants under the age of twelve months. Contains sugars. Vitamin supplements should not replace a balanced diet. If you are pregnant, nursing, diabetic, on medication or have any medical condition, consult your physician before using this product or making other dietary changes. Discontinue use if allergic reaction occurs.